Anaesthesia & Pain Management Conference

29-30 January 2020
Dubai World Trade Centre

11 CME credits

ahcongress.com/anaesthesia
Anaesthesia & Pain Management Conference
29-30 January 2020, DWTC

11.5 CME credits

Theme: ‘Evidence based guidelines for advanced anaesthesia and pain management’

Overview:
This carefully designed programme is the comprehensive platform for all anaesthesia specialists to gain insight on the most advanced techniques across the field of anaesthesiology.

What’s new:
• Practical advice shared to support improved multidisciplinary care when addressing anaesthesia administration
• Inclusion of a dedicated pain management symposium
• New and renowned organising committee

Key topics:
• Enhancing safety in current in anaesthesia practice
• Patient safety & anaesthesia in the elderly
• Organ transplantation
• ERAS – Enhanced Recovery After Surgery
• Pain in pregnancy and the paediatric population
• The opioid epidemic
• Contemporary chronic pain management and best practice
• Pain and the psyche

Who should attend:
• Anaesthesiologists & Anaesthetists
• Allied healthcare professionals in Anaesthesia, Technicians & Nurses
• Critical Care, ICU Nurses and Residents
• Pain medicine Consultants, Specialists and Intensivists
• Critical Care, ICU Consultants & specialists
• Pharmacists
• Intensive Care Physicians

Benefits of attending:
• Determine the best course of action to ensure safety in current anaesthesia practice
• Evaluate the international and regional challenges associated with organ transplantation and debate how best to overcome these
• Distinguish the core central elements of the ERAS pathway and recognise how to address these to improve patient recovery and care
• Formulate practical skills on how to efficiently manage chronic and acute pain

Programme highlights:
Addressing medication harm head on: Best medication safety practices
Dr Paul Barach, Clinical Professor, Wayne State University School of Medicine, Children’s Hospital of Michigan, Patient Safety Committee Member, American Society of Anesthesiologists, Detroit, Michigan, USA

‘The Opioid Epidemic’: The other side of the story
Dr Amany E. Ayad, Professor of Anesthesia and Pain, Cairo University, General Secretary, The African Society of Regional Anesthesia and Pain (AFSRA), Chair, The World Institute of Pain (WIP) – Middle East Section, Cairo, Egypt

Pain & Pregnancy
Dr Waleed Riad, Consultant Anesthesiologist & Interventional Pain Physician, Corniche Hospital, Abu Dhabi, UAE

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Day One | Wednesday, 29 January 2020

09:20  Opening remarks
Dr Arun Kumar, Consultant Cardiothoracic Anaesthesiologist & Clinical Associate Professor in Anaesthesiology, Cleveland Clinic Lerner College of Medicine, Medical Director, Transplant Anaesthesiology, Cleveland Clinic Abu Dhabi, Abu Dhabi, UAE

Session 1: Enhancing safety in current anaesthesia practice
Moderator: Dr Arun Kumar, Consultant Cardiothoracic Anaesthesiologist & Clinical Associate Professor in Anaesthesiology, Cleveland Clinic Lerner College of Medicine, Medical Director, Transplant Anaesthesiology, Cleveland Clinic Abu Dhabi, Abu Dhabi, UAE

09:30  Keynote address: Safety precautions, challenges and patient safety
Dr Stefan De Hert, President, European Society of Anaesthesiaology, Executive Section Editor, Cardiovascular Pathophysiology and Outcomes Anesthesia & Analgesia, Professor of Anesthesiology, Director of Research, Department of Anesthesiology and Perioperative Medicine, Ghent University Hospital - Ghent University, Ghent, Belgium

10:00  Management of interoperative bleeding
Dr Arun Kumar, Consultant Cardiothoracic Anaesthesiologist & Clinical Associate Professor in Anaesthesiology, Cleveland Clinic Lerner College of Medicine, Medical Director, Transplant Anaesthesiology, Cleveland Clinic Abu Dhabi, Abu Dhabi, UAE

10:30  Creating a Safe Anaesthetic Service: The Cleveland Clinic Abu Dhabi Experience
Philip Anderson, Manager, Anesthesia Technicians, Anesthesiology Institute, Cleveland Clinic Abu Dhabi, Abu Dhabi, UAE

11:00  Interactive discussion and Q&A

11:10  Coffee break

Session 2: Patient safety & anaesthesia in the elderly
Moderator: Dr Arun Kumar, Consultant Cardiothoracic Anaesthesiologist & Clinical Associate Professor in Anaesthesiology, Cleveland Clinic Lerner College of Medicine, Medical Director, Transplant Anaesthesiology, Cleveland Clinic Abu Dhabi, Abu Dhabi, UAE

11:40  Optimal management and administration of anaesthesia in the geriatric patient
Dr Milind Thakur, Consultant Anesthesiologist, American Hospital, Dubai, UAE

12:10  Addressing medication harm head on: Best medication safety practices
Dr Paul Barach, Clinical Professor, Wayne State University School of Medicine, Children’s Hospital of

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Michigan, Patient Safety Committee Member, American Society of Anesthesiologists, Detroit, Michigan, USA

12:40  **Contemporary Anaesthesia and Patient Safety**
**Dr Mohamed El Toukhy**, Consultant, Pain Management and anaesthesia, Clinical Director, Critical Care Services, King’s College Hospital London, Dubai, UAE

13:20  Lunch Break

Session 3: Organ transplantation
Moderator: **Dr Arun Kumar**, Consultant Cardiothoracic Anaesthesiologist & Clinical Associate Professor in Anaesthesiology, Cleveland Clinic Lerner College of Medicine, Medical Director, Transplant Anaesthesiology, Cleveland Clinic Abu Dhabi, Abu Dhabi, UAE

15:20  **Multiorgan Transplantation – The role of the Anaesthesiologist**
**Dr Arun Kumar**, Consultant Cardiothoracic Anaesthesiologist & Clinical Associate Professor in Anaesthesiology, Cleveland Clinic Lerner College of Medicine, Medical Director, Transplant Anaesthesiology, Cleveland Clinic Abu Dhabi, Abu Dhabi, UAE

15:50  **Challenges of organ transplantation in UAE: consent, morality & awareness**
**Dr Prof Fayez Alshamsi**, Assistant Professor and Consultant in Internal and Critical Care Medicine, Internal Medicine - College of Medicine & Health Sciences, United Arab Emirates University, Al Ain, UAE

16:10  Interactive Q&A

Session 4: Eras – Enhanced recovery after surgery
Moderator: **Dr Arun Kumar**, Consultant Cardiothoracic Anaesthesiologist & Clinical Associate Professor in Anaesthesiology, Cleveland Clinic Lerner College of Medicine, Medical Director, Transplant Anaesthesiology, Cleveland Clinic Abu Dhabi, Abu Dhabi, UAE

16:20  **Towards a learning system for Enhanced Recovery After Surgery (ERAS): Embedding Implementation and Learning Evaluation**
**Dr Paul Barach**, Clinical Professor, Wayne State University School of Medicine, Children’s Hospital of Michigan, Patient Safety Committee Member, American Society of Anesthesiologists, Detroit, Michigan, USA

16:50  **Closing keynote: ERAS: Addressing the key principles & key challenges**
**Dr How Kwang Yeong**, Chair, Singapore ERAS Chapter, Chair, Tan Tock Seng Hospital ERAS Committee, Consultant, Colorectal Service, Department of General Surgery, Deputy Director, Endoscopy Centre, Program Director, Surgery in General, Tan Tock Seng Hospital, Novena, Singapore

17:20  Interactive discussion and Q&A

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17:30  Closing remarks

17:40  End of Day One

Day Two | Thursday, 30 January 2020

09:00  Opening remarks
Dr Ammar Salti, Consultant, Anesthesia & Pain Medicine, Sheikh Khalifa Medical City, Abu Dhabi, UAE

Session 1: Pain management I
Moderator: Dr Ammar Salti, Consultant, Anesthesia & Pain Medicine, Sheikh Khalifa Medical City, Abu Dhabi, UAE

09:10  Opioids: The good, the bad and the ugly
Dr Shrif Costandi, Anesthesiologist, Cleveland Clinic, Ohio, Cleveland, USA

09:40  Management of lower back pain
Dr Sadiq Bhayani, Consultant Anaesthetist - Pain management, Spire Leicester Hospital, Leicester, UK

10:10  Pain in pediatric population
Dr Ahmed M. R. Abdel-Aziz, Consultant Paediatric Anaesthetist, Paediatric Intensivist, Chief of Paediatric Anaesthesia, Tawam Hospital, Abu Dhabi, UAE

10:40  Interactive discussion and Q&A

10:50  Coffee Break

Session 2: Pain management II
Moderator: Dr Waleed Riad, Consultant Anesthesiologist & Interventional Pain Physician, Corniche Hospital, Abu Dhabi, UAE

11:20  Update on post-surgical chronic pain
Dr Sadiq Bhayani, Consultant Anaesthetist - Pain management, Spire Leicester Hospital, Leicester, UK

11:50  Effective management of cancer pain
Dr Shrif Costandi, Anesthesiologist, Cleveland Clinic, Ohio, Cleveland, USA

12:20  Innovation in regional anaesthesia
Dr Emad Eldin Fawzy, Consultant Anesthesiologist, Sheikh Khalifa Medical City, Abu Dhabi, UAE

12:50  Interactive discussion and Q&A

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13:10  Lunch Break

Session 3: Pain management III
Moderator: Dr Ammar Salti, Consultant, Anesthesia & Pain Medicine, Sheikh Khalifa Medical City, Abu Dhabi, UAE

15:10  Interventional pain management during pregnancy
Dr Waleed Riad, Consultant Anesthesiologist & Interventional Pain Physician, Corniche Hospital, Abu Dhabi, UAE

15:40  An update on migraine therapies
Dr Ammar Salti, Consultant, Anesthesia & Pain Medicine, Sheikh Khalifa Medical City, Abu Dhabi, UAE

16:10  Pain & addiction
Dr Farah Saeed Al-Zaabi, Director, Consultant of Family Medicine, Zayed Military Hospital, Abu Dhabi, UAE

16:40  Interactive discussion and Q&A

16:50  Closing remarks
Dr Ammar Salti, Consultant, Anesthesia & Pain Medicine, Sheikh Khalifa Medical City, Abu Dhabi, UAE

17:00  End of Conference

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Speaker faculty

Co-Chair:
• Dr Ammar Salti, Consultant, Anesthesia & Pain Medicine, Sheikh Khalifa Medical City, Abu Dhabi, UAE

Co-chair and Activity Director:
Dr Arun Kumar, Consultant Cardiothoracic Anaesthesiologist & Clinical Associate Professor in Anaesthesiology, Cleveland Clinic Lerner College of Medicine, Medical Director, Transplant Anaesthesiology, Cleveland Clinic Abu Dhabi, Abu Dhabi, UAE

Speakers:
• Dr Ahmed M. R. Abdel-Aziz, Consultant Paediatricn Anaesthetist, Paediatric Intensivist, Chief of Paediatric Anaesthesia, Tawam Hospital, Abu Dhabi, UAE
• Dr Emad Eldin Fawzy, Consultant Anesthesiologist, Sheikh Khalifa Medical City, Abu Dhabi, UAE
• Dr Farah Saeed Al-Zaabi, Director, Consultant of Family Medicine, Zayed Military Hospital, Abu Dhabi, UAE
• Dr Prof Fayez Alshamsi, Assistant Professor and Consultant in Internal and Critical Care Medicine, Internal Medicine - College of Medicine & Health Sciences, United Arab Emirates University, Al Ain, UAE
• Dr How Kwang Yeong, Chair, Singapore ERAS Chapter, Chair, Tan Tock Seng Hospital ERAS Committee, Consultant, Colorectal Service, Department of General Surgery, Deputy Director, Endoscopy Centre, Program Director, Surgery in General, Tan Tock Seng Hospital, Novena, Singapore
• Dr Milind Thakur, Consultant Anesthesiologist, American Hospital, Dubai, UAE
• Dr Mohamed El Toukhy, Consultant, Pain Management and anaesthesia, Clinical Director, Critical Care Services, King's College Hospital London, Dubai, UAE
• Dr Paul Barach, Clinical Professor, Wayne State University School of Medicine, Children's Hospital of Michigan, Patient Safety Committee Member, American Society of Anesthesiologists, Detroit, Michigan, USA
• Philip Anderson, Manager, Anesthesia Technicians, Anesthesiology Institute, Cleveland Clinic Abu Dhabi, Abu Dhabi. UAE
• Dr Sadiq Bhayani, Consultant Anaesthetist - Pain management, Spire Leicester Hospital, Leicester, UK
• Dr Stefan De Hert, President, European Society of Anaesthesiology, Executive Section Editor, Cardiovascular Pathophysiology and Outcomes Anesthesia & Analgesia, Professor of Anaesthesiology, Director of Research, Department of Anesthesiology and Perioperative Medicine, Ghent University Hospital - Ghent University, Ghent, Belgium
• Dr Shirif Costandi, Anesthesiologist, Cleveland Clinic, Ohio, Cleveland, USA
• Dr Waleed Riad, Consultant Anesthesiologist & Interventional Pain Physician, Corniche Hospital, Abu Dhabi, UAE

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Faculty disclosure
The Cleveland Clinic Foundation Center for Continuing Education has implemented a policy to comply with the current Accreditation Council for Continuing Medical Education Standards for Commercial Support requiring resolution of all faculty conflicts of interest. Faculty declaring a relevant commercial interest will be identified in the activity syllabus.

Accreditation statement:
The Cleveland Clinic Foundation Center for Continuing Education is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Cleveland Clinic Foundation Center for Continuing Education designates this live activity for a maximum of 11 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Participants claiming CME credit from this activity may submit the credit hours to the American Osteopathic Association for Category 2 credit.

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## Conferences

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• Please note that the full payment must be received prior to the event. Only those delegates who’s fees have been paid in full will be admitted to the event

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