6th Diabetes Conference
29-30 January 2020
Dubai World Trade Centre

10.25 CME credits

ahcongress.com/diabetes
6th Diabetes Conference
29-30 January 2020, DWTC

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Theme: Diabetes in the 21st century – A review of current trends

What’s new:
- New conference Chair and Activity Director
- Interactive problem-solving case study-session
- New session on cardiovascular disease and diabetes
- New speakers from Qatar, Bahrain, South Africa, Greece, Finland and more!

Key topics:
- The recent cardiovascular outcome trials - an overview
- Beta cell update
- What is next after metformin? Understanding the guidelines
- Precision medicine in diabetes
- Fatty liver in diabetes: What do we know?
- Diabetes and the gut: The world of microbiome
- Fad diets: What is your advice?

Who should attend:
- GPs, Family Physicians & Internists
- Diabetes Specialists
- Endocrinologists
- Clinical Dietitians & Nutritionists - Allied healthcare professionals
- Pharmacists

Benefits of attending:
- Explore a comprehensive and evidence-based review of advanced strategies in diabetes management
- Discuss treatment guidelines and keep abreast of the rapidly changing diabetes landscape
- Improve competency in diabetes problem solving
- Integrate practical approaches to educating patients about diabetes self-management
- Review clinical trials and emerging research

Programme highlights:
The recent cardiovascular outcome trials - an overview
Dr Ali Jawa, President, Pakistan Endocrine Society; Consultant Endocrinologist, Wilshire Cardiovascular and Endocrine Center of Excellence (WILCARE), Lahore, Pakistan

Beta cell update
Prof Lorna Harries, Professor of Molecular Genetics, College of Medicine and Health, University of Exeter, Exeter, UK

What is next after metformin? Understanding the guidelines
Dr Peter Rossing, Chief Consultant & Head of Research, Steno Diabetes Center, Copenhagen, Denmark

Precision medicine in diabetes
Prof Leif Groop, Senior Professor, Lund University, Sweden; Research Director, Institute of Molecular Medicine Finland (FIMM) Helsinki, Finland

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Day one | Wednesday 29 January 2020

08:00 Welcome coffee

08:40 Opening remarks
Dr M. Hamed Farooqi, Lecturer, Harvard Medical School; Director and Consultant Endocrinologist, Dubai Diabetes Centre, Dubai, UAE
Dr Sahar M. Hindi, Consultant Endocrinologist & Staff Physician, Division of Endocrinology, Cleveland Clinic Abu Dhabi, Abu Dhabi, UAE

Session 1: An overview of diabetes

08:50 Diabetes 2019: A year in review
Dr Sahar M. Hindi, Consultant Endocrinologist & Staff Physician, Division of Endocrinology, Cleveland Clinic Abu Dhabi, Abu Dhabi, UAE

09:20 Diabetes, a regional perspective - why us?
Prof Salah Abusnana, Senior Consultant Diabetologist and Endocrinologist, University of Sharjah, Sharjah, UAE

09:50 Diabetes registry: The Dubai model
Dr Fatheya Al Awadi, President, Emirates Diabetes Society; Consultant & Head of Endocrinology Department, Dubai Hospital, Dubai, UAE

10:20 Coffee break

Session 2: Cardiovascular disease in Diabetes

10:50 Pathophysiology of cardiovascular disease in diabetes - what do we know now?
Dr Faisal Hasan, Specialised Cardiologist - Heart & Vascular Institute, Cleveland Clinic Abu Dhabi, Abu Dhabi, UAE

11:20 The recent Cardiovascular outcome trials - an overview
Dr Salem Beshyah, Consultant Endocrinologist, Mediclinic Airport Road Hospital, Dubai, UAE

11:50 Beta Cell update
Prof Lorna Harries, Professor of Molecular Genetics, University of Exeter, Exeter, UK

12:20 Appreciation award ceremony
Arab Health thanks the past-Diabetes Conference Chair, Dr Nader Lessan for his contribution to the Diabetes Conference over the last 5 years.

12:30 Lunch break and visit exhibition

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Session 3: Management of Diabetes

15:00  What is next after Metformin? Understanding the guidelines
Dr Peter Rossing, Head of Complications, Research, Steno Diabetes Center; Professor in
Endocrinology, University of Copenhagen, Copenhagen, Denmark

15:30  Statins and Diabetes?
Dr Saud Al-Sifri, Vice President, Saudi Scientific Diabetes Society (SSDS), Taif, KSA

16:00  Interactive case discussion
Moderator: Dr M. Hamed Farooqi, Lecturer, Harvard Medical School; Director and Consultant
Endocrinologist, Dubai Diabetes Centre, Dubai, UAE
Panellists:
Cases (15min each):
• Type 2 Diabetes with renal disease - Dr Saud Al-Sifri, Vice President, Saudi Scientific Diabetes
  Society (SSDS), Taif, KSA
• New Onset Type 1 Diabetes in children - Dr Salem Beshyah, Consultant Endocrinologist, Mediclinic
  Airport Road Hospital, Dubai, UAE
• Latent Autoimmune Diabetes of Adulthood - Dr Peter Rossing, Head of Complications, Research,
  Steno Diabetes Center; Professor in Endocrinology, University of Copenhagen, Copenhagen,
  Denmark
• Insulin pump, who is a candidate? - Dr Sahar M. Hindi, Consultant Endocrinologist & Staff
  Physician, Division of Endocrinology, Cleveland Clinic Abu Dhabi, Abu Dhabi, UAE

17:00  End of day
Day two | Thursday 30 January 2020

08:00  Welcome coffee

08:20  Opening remarks
  Dr M. Hamed Farooqi, Lecturer, Harvard Medical School; Director and Consultant Endocrinologist, Dubai Diabetes Centre, Dubai, UAE
  Dr Sahar M. Hindi, Consultant Endocrinologist & Staff Physician, Division of Endocrinology, Cleveland Clinic Abu Dhabi, Abu Dhabi, UAE

Session 4: Emerging concepts

08:30  Precision medicine in Diabetes
  Prof Leif Groop, Senior Professor, Lund University, Sweden; Research Director, Institute of Molecular Medicine Finland (FIMM) Helsinki, Finland

09:00  Digital solutions in delivery of diabetes care
  Dr Ebaa Al-Ozairi, President, American Association of Clinical Endocrinologist- Gulf Chapter; Chief Medical Officer, Dasman Diabetes Institute, Dasman, Kuwait

09:30  Interpreting the ambulatory glucose profile
  Dr Iain Cranston, Consultant Physician, Academic Department of Diabetes & Endocrinology, Queen Alexandra Hospital, Portsmouth, UK

10:00  Coffee break

Session 5: Complications

10:45  Diabetes triopathy: Advances in diagnosis and management
  Prof Rayaz Malik, Professor of Medicine & Consultant Endocrinologist, Weill Cornell Medicine, Doha, Qatar

11:15  Fatty liver in Diabetes: What do we know?
  Dr Mohammad Shafi Kuchay, Senior Consultant, Division of Endocrinology and Diabetes, Medanta-The Medicity, Gurugram, Haryana, India

11:45  Diabetes and dementia: Loss of control
  Dr Amar Puttanna, Consultant in Diabetes and Endocrinology, Good Hope Hospital, University Hospitals Birmingham NHS Foundation Trust, West Midlands, UK

12:15  Lunch break and visit exhibition

Session 6: Other issues

14:30  Diabetes: An OBGYN perspective
  Dr Arva Dhanaliwala, Obstetrician/Gynecologist, American Hospital Dubai, Dubai, UAE

15:00  Psychosocial aspects of Diabetes: Screening and intervention
  Dr Alaa Mohammed Abuali, Psychologist, Dubai Diabetes Centre, Dubai, UAE

15:30  Fad diets: What is your advice?
  Dr Zeina Younes, Clinical Diabetes Dietician, Dubai Diabetes Center, Dubai, UAE

16:00  Concluding remarks
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16:15  End of conference

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Speaker faculty

Activity Director:
Dr Sahar M. Hindi, Consultant Endocrinologist & Staff Physician, Division of Endocrinology, Cleveland Clinic Abu Dhabi, Abu Dhabi, UAE

Local Chair:
Dr M. Hamed Farooqi, Lecturer, Harvard Medical School; Director and Consultant Endocrinologist, Dubai Diabetes Centre, Dubai, UAE

Speakers
- Dr Alaa Mohammed Abuali, Psychologist, Dubai Diabetes Centre, Dubai, UAE
- Dr Amar Puttanna, Consultant in Diabetes and Endocrinology, Good Hope Hospital, University Hospitals Birmingham NHS Foundation Trust, West Midlands, UK
- Dr Arva Dhanaliwala, Obstetrician/Gynecologist, American Hospital Dubai, Dubai, UAE
- Dr Ebaa Al-Ozairi, President, American Association of Clinical Endocrinologist - Gulf Chapter; Chief Medical Officer, Dasman Diabetes Institute, Dasman, Kuwait
- Dr Faisal Hasan, Specialised Cardiologist - Heart & Vascular Institute, Cleveland Clinic Abu Dhabi, Abu Dhabi, UAE
- Dr Fatheya Al Awadi, President, Emirates Diabetes Society; Consultant & Head of Endocrinology Department, Dubai Hospital, Dubai, UAE
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- Dr Saud Al-Sifri, Vice President, Saudi Scientific Diabetes Society (SSDS), Taif, KSA
- Prof Rayaz Malik, Professor of Medicine & Consultant Endocrinologist, Weill Cornell Medicine, Doha, Qatar
- Dr Zeina Younes, Clinical Diabetes Dietician, Dubai Diabetes Center, Dubai, UAE

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Faculty disclosure
The Cleveland Clinic Foundation Center for Continuing Education has implemented a policy to comply with the current Accreditation Council for Continuing Medical Education Standards for Commercial Support requiring resolution of all faculty conflicts of interest. Faculty declaring a relevant commercial interest will be identified in the activity syllabus.

Accreditation statement:
The Cleveland Clinic Foundation Center for Continuing Education is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Cleveland Clinic Foundation Center for Continuing Education designates this live activity for a maximum of 10.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Participants claiming CME credit from this activity may submit the credit hours to the American Osteopathic Association for Category 2 credit.

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- Please note that the full payment must be received prior to the event. Only those delegates who’s fees have been paid in full will be admitted to the event

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