12th Obs & Gyne Conference

27-30 January 2020
Conrad Dubai Hotel

23.75 CME credits

ahcongress.com/obs-gyne
12th Obs & Gyne Conference
27-30 January 2020, Conrad Dubai, Dubai, UAE

Theme: ‘Evidence-based best practice in Obstetrics & Gynaecology’

What’s new:
- New Chair & Scientific Committee
- Hands-on workshop & masterclass on day four
- New format featuring plenary sessions and afternoon tracks
- Daily access to the international expert panel
- New sessions on early pregnancy, obstetric medicine, office gynaecology, gynaecological controversies and more!

Key topics:
- Abnormally invasive placenta - diagnosis and management
- HRT and contraception in women with pre-existing medical conditions
- Hysteroscopic management of intracavity fibroids
- Hyperemesis in pregnancy
- Bariatric surgery and reproductive health
- Congenital infections
- Non-surgical management of urinary incontinence
- Foetal growth restriction – what’s new?
- Management of mullerian anomalies
- 3D ultrasound imaging in gynaecology

Who should attend:
- Gynaecologists & Obstetricians/OB-GYNE
- Obs-Gyne Specialists/Consultants/Heads
- General Practitioners & Family Medicine Physicians

Benefits of attending:
- Analyse the newest approaches for the management of multiple pregnancies
- Debate the validity of aesthetic gynaecology in modern-day practice
- Discuss how to avoid complications in laparoscopy
- Manage and prevent chronic diseases in pregnancy (chest pain, GIT, epilepsy)
- Explore the latest updates in the detection and treatment of gynec-oncologic disorders
- Review the latest surgical techniques for the management of a range of gynaecologic disorders
- Evaluate current and evidence-based approaches to managing fibroids
- Appraise the latest clinical research and improve patient outcomes in reproductive health issues

Programme highlights:
Cervical screening - new guidelines
Prof Eduardo L. Franco, James McGill Professor and Chair, Department of Oncology; Director, Division of Cancer Epidemiology, McGill University, Montreal, Canada

Masterclass: How to measure cervical length
Prof Zarko Alfirevic, Professor of Fetal and Maternal Medicine; Head of Department & Associate Pro-Vice-Chancellor (Clinical), University of Liverpool / Liverpool Women’s Hospital, Liverpool, UK

Masterclass: Foetal Dopplers
Prof Abdallah Adra, Assistant Professor in Maternofoetal Medicine, Department of Obstetrics and Gynecology, American University of Beirut, Beirut, Lebanon

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**Day one | Monday, 27 January 2020**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>08:00</td>
<td>Welcome coffee</td>
</tr>
</tbody>
</table>
| 09:10  | Opening remarks
Dr Leanne Bricker, Chair: Department of Fetal Medicine & Imaging – CMO, Corniche Hospital, Abu Dhabi, UAE
Dr Tommaso Falcone, Chief of Staff & Chief Academic Officer, Medical Director, Cleveland Clinic London, London, UK |
| 09:30  | Abnormally invasive placenta – diagnosis and management
Prof Steve Robson, Professor of Fetal Medicine, Newcastle University; Fetal Medicine Consultant, Newcastle upon Tyne Hospitals NHS Foundation Trust, Newcastle, UK |
| 09:55  | Uterus transplantation
Dr Tommaso Falcone, Chief of Staff & Chief Academic Officer, Medical Director, Cleveland Clinic London, London, UK |
| 10:20  | Reducing preterm labour in both singleton and twin pregnancies: what works and what doesn’t?
Prof Zarko Alfirevic, Professor of Fetal and Maternal Medicine; Head of Department & Associate Vice-Chancellor (Clinical), University of Liverpool / Liverpool Women’s Hospital, Liverpool, UK |
| 10:45  | Coffee break                                                       |
| 11:15  | Adolescent gynaecology: Management of dysmenorrhoea
Dr Karima Salama, Obstetrics & Gynecology Consultant, MyClinic, Jeddah, KSA |
| 11:40  | Hormone Replacement Therapy (HRT) and contraception in women with pre-existing medical conditions
Dr Wendy Noble, Head of Obstetrics and Gynaecology, American Hospital Dubai, Dubai, UAE |
| 12:05  | Vulval diseases - management update
Dr Abdulaziz Al Obaid, Gynae-Oncologist & CEO, National Medical Care, Riyadh, KSA |
| 12:30  | Lunch break and visit exhibition                                   |

**Session 3: Minimally Invasive Gynaecology I, Obstetric Medicine I**

<table>
<thead>
<tr>
<th>Time</th>
<th>Track 1</th>
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</table>
| 14:30  | Endometriosis management in infertile patient
Dr Tommaso Falcone, Chief of Staff & Chief |

<table>
<thead>
<tr>
<th>Time</th>
<th>Track 2</th>
</tr>
</thead>
</table>
| 14:30  | Skin rashes in pregnancy
Dr Nageena Mahmood, Consultant Obstetric Medicine, Corniche Hospital, Abu Dhabi, UAE |

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#### 14:55
**LESS (Laparo-Endoscopic Single Site) management of adnexal masses**

Dr Abdulaziz Al Obaid, Gynae-Oncologist & CEO, National Medical Care, Riyadh, KSA

**Aspirin for prevention of preterm pre-eclampsia**

Prof Abdallah Adra, Clinical Associate, Division of Maternal Fetal Medicine, Department of Obstetrics & Gynecology, American University of Beirut; Chairperson, Department of Obstetrics & Gynecology, Nini Hospital, Tripoli, Lebanon

#### 15:20
**Hysteroscopic management of intracavity fibroids**

Dr Jean Uy-Kroh, Gynaecologic Surgeon, Cleveland Clinic Abu Dhabi, Abu Dhabi, UAE

**Bariatric surgery and reproductive health**

Dr Saleema Wani, Division Chief – Obstetrician and Gynaecology – CMO, Corniche Hospital, Abu Dhabi, UAE

#### 15:45
**Coffee break**

#### 16:15
**The challenges of specimen extraction during MIS for fibroids**

Dr George Botros, Chief of Gynaecology; Consultant in Minimally Invasive and Advanced Endometriosis Surgery; LWH Accredited Endometriosis Centre Lead, Corniche Hospital, Abu Dhabi, UAE

**Hyperemesis in pregnancy**

Prof Steve Robson, Professor of Fetal Medicine, Newcastle University; Fetal Medicine Consultant, Newcastle upon Tyne Hospitals NHS Foundation Trust, Newcastle, UK

#### 16:40
**How to avoid complications in laparoscopy**

Dr Ghassan Lotfi, President, Emirates Endometriosis League; Consultant OBGYN; Head of Obstetrics & Gynaecology, Al Zahra Hospital, Dubai, UAE

**Anaemia in pregnancy**

Dr Howaida Khair, Arab Board OBGYN; Consultant OBGYN & Assistant Professor – College of Medicine Health Sciences, UAE University, Al Ain, UAE

#### 17:05
**Expert panel & open floor discussion**

Moderator: Dr Abdulaziz Al Obaid, Gynae-Oncologist & CEO, National Medical Care, Riyadh, KSA

**What can we learn from national and international studies of severe maternal morbidity?**

Prof Marian Knight, Professor of Maternal and Child Population Health - National Perinatal Epidemiology Unit, Oxford University, Oxford, UK

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17:30   End of day

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Day two | Tuesday, 28 January 2020

08:00 Welcome coffee

08:15 Opening remarks
    Dr Leanne Bricker, Chair: Department of Fetal Medicine & Imaging – CMO, Corniche Hospital, Abu Dhabi, UAE
    Dr Tommaso Falcone, Chief of Staff & Chief Academic Officer, Medical Director, Cleveland Clinic London, London, UK

Session 5: Plenary

08:30 Simulation in OB/GYN
    Dr David Graham, Associate Dean for Clinical Affairs, Khalifa University, Abu Dhabi, UAE

08:55 Saving babies lives care bundle
    Dr Myles Taylor, President, British Maternal and Fetal Medicine Society (BMFMS); Consultant Obstetrician and Gynaecologist, Royal Devon and Exeter Hospital, London, UK

09:20 IOTA methods for discrimination between benign and malignant adnexal masses
    Prof Lil Valentin, Professor of Obstetrical, Gynecological and Prenatal Ultrasound Diagnostics, Lund University, Lund, Sweden

09:45 The latest in breast cancer screening
    Dr Athina Vourtsis, Director and Founder, Diagnostic Mammography Center; Founding President, Hellenic Breast Imaging Society; Member and European Liaison of the Medical Advisory Board, DenseBreast-Info.org, Athens, Greece

10:10 Coffee break

Session 6: Bread and butter obstetrics

10:40 Induction of labour - who, when and how?
    Prof Zarko Alfirevic, Professor of Fetal and Maternal Medicine; Head of Department & Associate Pro-Vice-Chancellor (Clinical), University of Liverpool / Liverpool Women's Hospital, Liverpool, UK

11:05 Management of the ‘big baby’
    Dr Myles Taylor, President, British Maternal and Fetal Medicine Society (BMFMS); Consultant Obstetrician and Gynaecologist, Royal Devon and Exeter Hospital, London, UK

11:30 Preventing postnatal infection – where next after the ANODE trial?
    Prof Marian Knight, Professor of Maternal and Child Population Health - National Perinatal Epidemiology Unit, Oxford University, Oxford, UK

11:55 Maternal immunisation
    Dr Usha Kiran, Consultant OBGYN, Prime Hospital, Dubai, UAE

12:15 Lunch break and visit exhibition

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<table>
<thead>
<tr>
<th>Time</th>
<th>Track 1</th>
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<tbody>
<tr>
<td>14:00</td>
<td><strong>Gynaecology – What’s new and controversies</strong></td>
<td><strong>Fetal Medicine</strong></td>
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<td></td>
<td><strong>The evolving paradigm of cervical cancer screening</strong></td>
<td><strong>Modern management of monochorionic pregnancy</strong></td>
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<tr>
<td></td>
<td>Prof Eduardo L. Franco, James McGill</td>
<td>Dr Samina Dornan, Consultant OBGYN - Fetal Medicine; Lead Maternal Fetal Medicine, King’s College Hospital London, Dubai, UAE</td>
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<tr>
<td></td>
<td>Professor and Chair, Department of Oncology;</td>
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<td></td>
<td>Director, Division of Cancer Epidemiology,</td>
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<td></td>
<td>McGill University, Montreal, Canada</td>
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<tr>
<td>14:25</td>
<td><strong>Debate: Aesthetic/Cosmetic gynaecology</strong></td>
<td><strong>Fetal interventions for congenital heart disease: Where are we and where are we going?</strong></td>
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<td></td>
<td><strong>FOR:</strong> Dr Rupinder Kaur Ruprai, President,</td>
<td><strong>Prof Rima S Bader</strong>, Professor of Paediatrics &amp; Head of Perinatal Cardiology Services, King Abdul Aziz University Hospital, Jeddah, KSA</td>
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<tr>
<td></td>
<td>SARG (Society of Aesthetic and Regenerative Gynecology); Specialist OBGYN, King’s College Hospital London, Dubai, UAE</td>
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<tr>
<td>14:50</td>
<td><strong>AGAINST:</strong> Dr Karl Jallad, Assistant Professor of Obstetrics &amp; Gynaecology and Urogynecology, LAU Medical Center-Rizk Hospital, Beirut, Lebanon</td>
<td><strong>Fetal MRI</strong></td>
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<tr>
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<td></td>
<td>Dr Leanne Bricker, Chair: Department of Fetal Medicine &amp; Imaging – CMO, Corniche Hospital, Abu Dhabi, UAE</td>
</tr>
<tr>
<td>15:15</td>
<td><strong>Egg freezing for social indications</strong></td>
<td><strong>Invasive prenatal diagnosis (amnio and CVS) in NIPT era - what to do and who should do it?</strong></td>
</tr>
<tr>
<td></td>
<td>Dr Ghina Ghazeeri, Associate Professor of Reproductive Endocrinology and Infertility, American University of Beirut Medical Centre, Beirut, Lebanon</td>
<td><strong>Prof Zarko Alfirevic</strong>, Professor of Fetal and Maternal Medicine; Head of Department &amp; Associate Pro-Vice-Chancellor (Clinical), University of Liverpool / Liverpool Women’s Hospital, Liverpool, UK</td>
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</tbody>
</table>

**Coffee break**

<table>
<thead>
<tr>
<th>Time</th>
<th>Urogynaecology</th>
<th>Fetal Medicine (continued)</th>
</tr>
</thead>
<tbody>
<tr>
<td>16:10</td>
<td><strong>Management of lower urinary tract injuries</strong></td>
<td><strong>Toxoplasmosis during pregnancy: Diagnosis and management</strong></td>
</tr>
<tr>
<td></td>
<td>Dr Karl Jallad, Assistant Professor of Obstetrics &amp; Gynaecology and Urogynecology, LAU Medical Center-Rizk Hospital, Beirut, Lebanon</td>
<td><strong>Prof Abdallah Adra</strong>, Clinical Associate, Division of Maternal Fetal Medicine, Department of Obstetrics &amp; Gynecology, American University of Beirut; Chairperson,</td>
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<tbody>
<tr>
<td>16:35</td>
<td><strong>Non-surgical management of urinary incontinence</strong></td>
<td>Dr Hassan Elbiss, Associate Professor, Consultant Obstetrician &amp; Urogynocologist, Department of Obstetrics &amp; Gynecology, College of Medicine &amp; Health Sciences, UAE University, Al Ain, UAE</td>
</tr>
<tr>
<td>16:35</td>
<td><strong>Fetal growth restriction - what's new?</strong></td>
<td>Prof Zarko Alfirevic, Professor of Fetal and Maternal Medicine; Head of Department &amp; Associate Pro-Vice-Chancellor (Clinical), University of Liverpool / Liverpool Women’s Hospital, Liverpool, UK</td>
</tr>
<tr>
<td>17:00</td>
<td><strong>Management of pelvic organ prolapse following the ban on vaginal mesh</strong></td>
<td>Dr Karl Jallad, Assistant Professor of Obstetrics &amp; Gynaecology and Urogynecology, LAU Medical Center-Rizk Hospital, Beirut, Lebanon</td>
</tr>
<tr>
<td>17:00</td>
<td><strong>Expert panel &amp; open floor discussion</strong></td>
<td>Moderator: Dr Leanne Bricker, Chair: Department of Fetal Medicine &amp; Imaging – CMO, Corniche Hospital, Abu Dhabi, UAE</td>
</tr>
<tr>
<td>17:30</td>
<td>End of day</td>
<td></td>
</tr>
</tbody>
</table>
Day three | Wednesday, 29 January 2020

08:00 Welcome coffee

08:15 Opening remarks
Dr Leanne Bricker, Chair: Department of Fetal Medicine & Imaging – CMO, Corniche Hospital, Abu Dhabi, UAE
Dr Tommaso Falcone, Chief of Staff & Chief Academic Officer, Medical Director, Cleveland Clinic
London, London, UK

Session 9: Plenary

08:30 Stress and reproductive health
Prof Shamsa Al Awar, Chair- Obstetrics & Gynecology - (CMHS), UAE University, Al Ain, UAE

08:55 Your performance - how good do you think you are?
Dr Paul Bosio, Chief Medical Officer, Corniche Hospital, Abu Dhabi, UAE

09:20 The right time to deliver: Gestation is everything
Dr Leanne Bricker, Chair: Department of Fetal Medicine & Imaging – CMO, Corniche Hospital, Abu Dhabi, UAE

09:45 Promises and perils on the road to eliminating cervical cancer
Prof Eduardo L. Franco, James McGill Professor and Chair, Department of Oncology; Director, Division of Cancer Epidemiology, McGill University, Montreal, Canada

10:10 Coffee break

Session 10: Early pregnancy

10:40 Gestational trophoblastic disease
Dr Antonia Testa, Consultant Gynaecologist & Board Member, International Society of Ultrasound in Obstetrics & Gynecology (ISUOG), Rome, Italy

11:05 First trimester progesterone use - what have we learnt in 50 years?
Dr Ali Al Ibrahim, Consultant Maternal Fetal Medicine, Oasis Hospital, Al Ain, UAE

11:30 Transabdominal cerclage: When, who and how?
Dr Feroza Dawood, OBGYN Consultant & Medical Director, Kings College Hospital London, Abu Dhabi, UAE

12:00 Lunch break and visit exhibition

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## Session 11: Reproductive medicine

<table>
<thead>
<tr>
<th>Time</th>
<th>TRACK 1</th>
<th>TRACK 2</th>
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</thead>
<tbody>
<tr>
<td>14:00</td>
<td><strong>Pre-implantation genetic testing - When is it indicated</strong></td>
<td><strong>Intraoperative ultrasound: A new gynaecology tool</strong></td>
</tr>
<tr>
<td></td>
<td>Dr Desislava Markova, Specialist – Fetal Medicine, IVI Middle East Fertility Clinic, Dubai, UAE</td>
<td>Dr Antonia Testa, Consultant Gynaecologist &amp; Board Member, International Society of Ultrasound in Obstetrics &amp; Gynecology (ISUOG), Rome, Italy</td>
</tr>
<tr>
<td>14:25</td>
<td><strong>Andrology: Male infertility management</strong></td>
<td><strong>Saline Infusion sonography</strong></td>
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<tr>
<td></td>
<td>Dr Yasmin Sajjad, Consultant Obs/Gynae, Andrology &amp; Reproductive Endocrinology; Divisional Chief &amp; Director - Department of Reproductive Medicine, Corniche Hospital Abu Dhabi, UAE</td>
<td>Dr Ghada Izzat Qawasmeh, Consultant OBGYN &amp; Acting Head of the Gynecology, Healthpoint, Abu Dhabi, UAE</td>
</tr>
<tr>
<td>14:50</td>
<td><strong>Management of mullerian anomalies</strong></td>
<td><strong>Ultrasound features of uterine sarcoma</strong></td>
</tr>
<tr>
<td></td>
<td>Prof John Rock, Founding Dean - College of Medicine &amp; Health Sciences, Khalifa University, Abu Dhabi, UAE</td>
<td>Dr Antonia Testa, Consultant Gynaecologist &amp; Board Member, International Society of Ultrasound in Obstetrics &amp; Gynecology (ISUOG), Rome, Italy</td>
</tr>
<tr>
<td>15:15</td>
<td><strong>Management of anovulation in women with PCOS</strong></td>
<td><strong>3D ultrasound imaging in gynaecology</strong></td>
</tr>
<tr>
<td></td>
<td>Dr Ghina Ghazeeri, Associate Professor of Reproductive Endocrinology and Infertility, American University of Beirut Medical Centre, Beirut, Lebanon</td>
<td>Prof Lil Valentin, Professor of Obstetrical, Gynecological and Prenatal Ultrasound Diagnostics, Lund University, Lund, Sweden</td>
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</tbody>
</table>

15:40  **Coffee Break**

## Session 12: Obstetric imaging

<table>
<thead>
<tr>
<th>Time</th>
<th>Gynaecology</th>
<th>Obstetric imaging</th>
</tr>
</thead>
<tbody>
<tr>
<td>16:10</td>
<td><strong>Non-surgical management of endometrial hyperplasia</strong></td>
<td><strong>Masterclass: Fetal echocardiography</strong></td>
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<tr>
<td></td>
<td>Dr Suzan Al-Shdefat, Consultant Gyn-Oncologist; Assistant Professor of Medicine, Obstetrics and Gynecology Department College of Medicine and Health Sciences, UAE University, Al Ain, UAE</td>
<td>Dr Shanthi Sairam, Consultant in Fetal Medicine &amp; Fetal Cardiology, Mediclinic City Hospital, Dubai, UAE</td>
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<tr>
<td>16:35</td>
<td><strong>HRT after cancer</strong></td>
<td>Dr Karima Salama, Obstetrics &amp; Gynecology Consultant, MyClinic, Jeddah, KSA</td>
</tr>
<tr>
<td></td>
<td><strong>Masterclass - Uteroplacental and fetal dopplers</strong></td>
<td>Prof Steve Robson, Professor of Fetal Medicine, Newcastle University; Fetal Medicine Consultant, Newcastle upon Tyne Hospitals NHS Foundation Trust, Newcastle, UK</td>
</tr>
<tr>
<td>17:00</td>
<td><strong>Fertility preservation in gynaecology cancer patients</strong></td>
<td>Dr Abdulaziz Al Obaid, Gynae-Oncologist &amp; CEO, National Medical Care, Riyadh, KSA</td>
</tr>
<tr>
<td></td>
<td><strong>Masterclass: How to measure cervical length</strong></td>
<td>Prof Zarko Alfirevic, Professor of Fetal and Maternal Medicine; Head of Department &amp; Associate Pro-Vice-Chancellor (Clinical), University of Liverpool / Liverpool Women’s Hospital, Liverpool, UK</td>
</tr>
</tbody>
</table>

17:30  **End of day**

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**Obs & Gyne Breakout Sessions**

These highly interactive forums will give delegates a chance to network with our expert faculty. Two parallel breakout sessions will run 3 times during the day allowing you to participate in a maximum of 3 workshops. To attend, pre-register for day 4 then select your sessions onsite.

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<thead>
<tr>
<th>ROOM A</th>
<th>ROOM B</th>
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<tbody>
<tr>
<td><strong>08:30-10.30 Obstetric ultrasound</strong></td>
<td><strong>Gynae ultrasound</strong></td>
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<tr>
<td><strong>Summary</strong></td>
<td><strong>Summary</strong></td>
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<tr>
<td>This will be an interactive session focusing on the following subjects through explanation of practical tips and tricks and presentation of cases (including prenatal diagnosis and perinatal management):</td>
<td>The session will focus on</td>
</tr>
<tr>
<td>- Anomalies that should not be missed by ultrasound</td>
<td>- the use of pattern recognition for making a correct diagnosis in adnexal masses including case examples</td>
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<tr>
<td>- Markers of borderline significance</td>
<td>- IOTA methods for discrimination between benign and malignant adnexal masses with case examples</td>
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<tr>
<td>- Amniotic fluid abnormalities</td>
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<tr>
<td>- Abnormalities of CNS, Gastrointestinal and Genitourinary tract and Thorax</td>
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<tr>
<td><strong>Learning objectives</strong></td>
<td><strong>Learning objectives</strong></td>
</tr>
<tr>
<td>1) Be aware of anomalies that should not be missed by ultrasound</td>
<td>1) Recognise the typical ultrasound features of the most common benign adnexal pathologies</td>
</tr>
<tr>
<td>2) Have an approach to management of ultrasound markers of borderline significance</td>
<td>2) Discriminate between benign and malignant adnexal masses using pattern recognition</td>
</tr>
<tr>
<td>3) Know how to measure amniotic fluid volume, understand what is normal and what is not normal, and understand the approach to excluding causes of abnormal amniotic fluid volume</td>
<td>3) Discuss the IOTA terminology and understand how the IOTA methods can be used to discriminate between benign and malignant adnexal lesions</td>
</tr>
<tr>
<td>4) Learn about diagnosis and management of some interesting cases of structural abnormalities</td>
<td><strong>Facilitators</strong></td>
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<tr>
<td><strong>Facilitators</strong></td>
<td>Prof Lil Valentin, Professor of Obstetrical, Gynecological and Prenatal Ultrasound Diagnostics, Lund University, Lund, Sweden</td>
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<td>Prof Abdallah Adra, Clinical Associate, Division of Maternal Fetal Medicine, Department of Obstetrics &amp; Gynecology, American University of Beirut; Chairperson,</td>
<td>Dr Antonia Testa, Consultant Gynaecologist &amp; Board Member, International Society of Ultrasound in Obstetrics &amp; Gynecology (ISUOG), Rome, Italy</td>
</tr>
</tbody>
</table>
**Minimally invasive surgery (MIS)**

**Summary**
The aim of this session is to provide clinical video instruction of laparoscopic complications, their timely diagnosis, and techniques for treatment. In addition, we will review tips to avoid iatrogenic laparoscopic injuries.

**Learning Objectives**
- Recognise laparoscopic complications and injuries
- Know the sequential procedures to rapidly and safely minimize and treat laparoscopic complications.
- Review techniques and best practices to avoid laparoscopic injuries

**Facilitators**
Dr. M. Jean Uy-Kroh, Chief, Office of Professional Staff Affairs, Chair of Gynecology, Consultant Surgeon, Assistant Professor of Surgery, Cleveland Clinic Abu Dhabi
Dr George Botros, Chief of Gynaecology; Consultant in Minimally Invasive and Advanced Endometriosis Surgery; LWH Accredited Endometriosis Centre Lead, Corniche Hospital, Abu Dhabi, UAE

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**Intrapartum skills**

**Summary**
The aim of this interactive session is to provide instruction in all methods of operative vaginal birth, both non-rotational and rotational deliveries. Techniques for performing Caesarean Section at full dilatation and vaginal birth of twins are also covered.

**Learning Objectives**
- Understand the key elements for performing safe and effective operative vaginal birth
- Review techniques for performing pudendal block, manual rotation and dis-impacting fetal head at full dilatation caesarean section, external cephalic version/ internal podalic version of second twin
- Discover the technical and non-technical skills necessary to manage labour and delivery in twins and delay in the second stage of labour in singletons

**Facilitators**
Dr Soha Tohamy Said, Obstetrics/Gynaecology &Fetal Medicine Consultant-Corniche Hospital, Abu Dhabi, UAE
Dr Lakshmi Soundararajan, Consultant OBGYN & Residency Program Director, Corniche Hospital, Abu Dhabi, UAE

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10.30 **Coffee Break**

11.00-13.00

13:00 **Lunch break**
### Fetal surveillance with CTG

**Summary**
The session aims to provide evidence-based training on CTG interpretation based on fetal physiology and pathophysiology of intrapartum hypoxic injury so as to reduce hypoxic ischaemic encephalopathy whilst reducing unnecessary operative interventions.

**Learning objectives**
- Improve control of fetal heart rate and the factors that affect the features observed on the Cardiotocograph (CTG).
- Evaluate the types of intrapartum hypoxia and resultant features observed on a CTG trace.
- Appraise the wider clinical picture such as inflammation and infection whilst interpreting CTG traces.
- Discuss rational application of Guidelines and the role of additional tests of fetal wellbeing to optimise perinatal outcomes.

**Facilitator**
- Dr Saleema Wani, Division Chief – Obstetrician and Gynaecology – CMO, Corniche Hospital, Abu Dhabi, UAE
- Zarah Sadiq, Clinical Resource Midwife, PROMPT, BLS and NRP Instructor, Corniche Hospital, Abu Dhabi, UAE

### Contraception

**Summary**
The contraception workshop will provide the complete theoretical training for subdermal contraceptive implant (Implanon) insertion and removal. This will involve seminar sessions with demonstrations followed by arm model simulation training. A certificate of completion of theoretical and simulation training will be provided.

**Learning Objectives**
- Theoretical knowledge of subdermal contraception including counselling, indications, cautions and contraindications.
- To safely insert subdermal contraceptive implant (Implanon) by simulation
- To safely remove subdermal contraceptive implant (Implanon)

**Facilitators**
- Dr Wendy Noble, Head of Obstetrics and Gynaecology, American Hospital Dubai, Dubai, UAE
- Dr Jacqueline Guest, Consultant Physician: Department of Obstetrics & Gynaecology – CMO, Corniche Hospital, Abu Dhabi, UAE

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**16:30**  **End of conference**
12th Obs & Gyne Conference  
27-30 January 2020, Conrad Dubai, Dubai, UAE  
23.75 CME Credits

Hotel: Conrad Dubai
Location: United Arab Emirates

Speaker faculty

Activity Director:
Dr Tommaso Falcone, Chief of Staff & Chief Academic Officer, Medical Director, Cleveland Clinic London, London, UK

Local Chair:
Dr Leanne Bricker, Chair: Department of Fetal Medicine & Imaging – CMO, Corniche Hospital, Abu Dhabi, UAE

Scientific Committee:
- Prof Abdallah Adra, Clinical Associate, Division of Maternal Fetal Medicine, Department of Obstetrics & Gynecology, American University of Beirut; Chairperson, Department of Obstetrics & Gynecology, Nini Hospital, Tripoli, Lebanon
- Dr Abdulaziz Al Obaid, Gynaec-Oncologist & CEO, National Medical Care, Riyadh, KSA
- Dr Ghassan Lotfi, President, Emirates Endometriosis League; Consultant OBGYN; Head of Obstetrics & Gynaecology, Al Zahra Hospital, Dubai, UAE
- Prof John Rock, Founding Dean - College of Medicine & Health Sciences, Khalifa University, Abu Dhabi, UAE
- Prof Shamsa Al Awar, Chair - Obstetrics and Gynaecology, College of Medicine and Health Sciences, UAE University, Al Ain, UAE
- Dr Wendy Noble, Head of Obstetrics and Gynaecology, American Hospital Dubai, Dubai, UAE
- Prof Zarko Alfirevic, Professor of Fetal and Maternal Medicine; Head of Department & Associate Provost-Chancellor (Clinical), University of Liverpool / Liverpool Women's Hospital, Liverpool, UK

Speakers:
- Dr Ali Al Ibrahim, Consultant Maternal Fetal Medicine, Oasis Hospital, Al Ain, UAE
- Dr Antonia Testa, Consultant Gynaecologist & Board Member, International Society of Ultrasound in Obstetrics & Gynecology (ISUOG), Rome, Italy
- Dr Athina Vourtsis, Director and Founder, Diagnostic Mammography Center; Founding President, Hellenic Breast Imaging Society; Member and European Liaison of the Medical Advisory Board, DenseBreast-Info.org, Athens, Greece
- Dr David Graham, Associate Dean for Clinical Affairs, Khalifa University, Abu Dhabi, UAE
- Dr Desislava Markova, Specialist – Fetal Medicine, IVI Middle East Fertility Clinic, Dubai, UAE
- Prof Eduardo L. Franco, James McGill Professor and Chair, Department of Oncology; Director, Division of Cancer Epidemiology, McGill University, Montreal, Canada
- Dr Feroza Dawood, OBGYN Consultant & Medical Director, Kings College Hospital London, Abu Dhabi, UAE
- Dr George Botros, Chief of Gynaecology; Consultant in Minimally Invasive and Advanced Endometriosis Surgery; LWH Accredited Endometriosis Centre Lead, Corniche Hospital, Abu Dhabi, UAE
- Dr Ghada Izzat Qawasmeh, Consultant OBGYN & Acting Head of the Gynecology, Healthpoint, Abu Dhabi, UAE
- Dr Ghina Ghazeeri, Associate Professor of Reproductive Endocrinology and Infertility, American University of Beirut Medical Centre, Beirut, Lebanon
- Dr Hassan Elbiss, Associate Professor, Consultant Obstetrician & Urogynocologist, Department of Obstetrics & Gynecology, College of Medicine & Health Sciences, UAE University, Al Ain, UAE
- Dr Howaida Khair, Arab Board OBGYN; Consultant OBGYN & Assistant Professor – College of Medicine Health Sciences, UAE University, Al Ain, UAE

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- Dr Jacqueline Guest, Consultant Physician: Department of Obstetrics & Gynaecology – CMO, Corniche Hospital, Abu Dhabi, UAE
- Dr Jean Uy-Kroh, Gynaecologic Surgeon, Cleveland Clinic Abu Dhabi, Abu Dhabi, UAE
- Dr Karima Salama, Obstetrics & Gynecology Consultant, MyClinic, Jeddah, KSA
- Dr Karl Jallad, Assistant Professor of Obstetrics & Gynaecology and Urogynecology, LAU Medical Center-Risk Hospital, Beirut, Lebanon
- Dr Lakshmi Soundararajan, Consultant OBGYN & Residency Program Director, Corniche Hospital, Abu Dhabi, UAE
- Prof Lil Valentin, Professor of Obstetrical, Gynecological and Prenatal Ultrasound Diagnostics, Lund University, Lund, Sweden
- Prof Marian Knight, Professor of Maternal and Child Population Health - National Perinatal Epidemiology Unit, Oxford University, Oxford, UK
- Dr Myles Taylor, President, British Maternal and Fetal Medicine Society (BMFMS); Consultant Obstetrician and Gynaecologist, Royal Devon and Exeter Hospital, London, UK
- Dr Nageena Mahmood, Consultant Obstetric Medicine, Corniche Hospital, Abu Dhabi, UAE
- Dr Paul Bosio, Chief Medical Officer, Corniche Hospital, Abu Dhabi, UAE
- Prof Rima S Bader, Professor of Paediatrics & Head of Perinatal Cardiology Services, King Abdul Aziz University Hospital, Jeddah, KSA
- Dr Rupinder Kaur Ruprai, President, SARG (Society of Aesthetic and Regenerative Gynecology); Specialist OB GYN, King’s College Hospital London, Dubai, UAE
- Dr Saleema Wani, Division Chief – Obstetrician and Gynaecology – CMO, Corniche Hospital, Abu Dhabi, UAE
- Dr Samina Dornan, Consultant OBGYN - Fetal Medicine; Lead Maternal Fetal Medicine, King’s College Hospital London, Dubai, UAE
- Dr Saudabi Valappil, Division Chief, Department of Fetal Medicine & Imaging. Consultant Obstetrician, Corniche Hospital, Abu Dhabi, UAE
- Dr Shanthi Sairam, Consultant in Fetal Medicine & Fetal Cardiology, Mediclinic City Hospital, Dubai, UAE
- Dr Soha Tohamy Said, Obstetrics/ Gynaecology & Fetal Medicine Consultant- Corniche Hospital, Abu Dhabi, UAE
- Prof Steve Robson, Professor of Fetal Medicine, Newcastle University; Fetal Medicine Consultant, Newcastle upon Tyne Hospitals NHS Foundation Trust, Newcastle, UK
- Dr Suzan Al-Shdefat, Consultant Gyn-Oncologist; Assistant Professor of Medicine, Obstetrics and Gynecology Department College of Medicine and Health Sciences, UAE University, Al Ain, UAE
- Dr Yasmin Sajjad, Consultant Obs/Gynae, Andrology & Reproductive Endocrinology; Divisional Chief & Director - Department of Reproductive Medicine, Corniche Hospital, Abu Dhabi, UAE
- Dr Usha Kiran, Consultant OB GYN, Prime Hospital, Dubai, UAE
- Zarah Sadiq, Clinical Resource Midwife, PROMPT, BLS and NRP Instructor, Corniche Hospital, Abu Dhabi, UAE

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