



Arab Health
By Informa Markets

Anaesthesia & Pain Management Conference

Live in-person: 30-31 Jan 2023
Dubai World Trade Centre

13 CME points

CME Provided by:



Supported by:



Anaesthesia and Pain Management Conference

30 Jan - 31 Jan 2023

Theme: *Anaesthesia Medley: Classic tunes with new jingles*

Overview

The Anaesthesia conference returns to Arab Health with distinct and exciting themes! Anaesthesia and pain management continues to play a vital role in the treatment and rehabilitation of patients. Through the inclusion of a dedicated pain management symposium on Day 2, delegates will access the latest best practices to provide exceptional patient care.

With internationally recognized subject matter experts, this scientific programme provides timely regional and global perspectives on the successful use of telemedicine within the preoperative and intraoperative realm, updates on obstetric, paediatric, and geriatric anaesthesia, and so much more. Attendees will not only gain insights on the effective treatment of pain management but will also be equipped with best practices like managing emotional stress to ensure the continuity of patient care.

Key topics

- Anaesthesia outside the operating room
- Telemedicine for anaesthesia - Where are we today?
- Updates in obstetric anaesthesia
- Migraine and its management
- Interventional management of facial pain and headache
- Patient Experience: Pre-op and post-op management

Benefits of attending

- Explore all aspects of providing anaesthesia in settings outside of the main operating room
- Analyze the scope of use of telemedicine among anaesthesiologists
- Outline how the latest research on migraine management can improve patient outcomes
- Review the latest updates in obstetric anaesthesia and its applications
- Discover the latest cutting edge, minimally invasive interventional methods to treat facial pain and headache

Who will be attending?

- Anaesthesiology specialists
- Critical care specialists
- Anaesthesia/ Pain management residents
- Anaesthetists
- Anaesthesia technicians
- Nurses
- Nurse Practitioners
- Intensivists
- Pain management consultants
- Pain management specialists
- Resident/Fellow
- Physicians
- Professors

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Faculty Disclosure:

The Cleveland Clinic Foundation Center for Continuing Education has implemented a policy to comply with the current Accreditation Council for Continuing Medical Education Standards for Integrity and Independence requiring mitigation of all faculty conflicts of interest. Faculty declaring a relevant financial relationship will be identified in the activity syllabus.

Accreditation:

In support of improving patient care, Cleveland Clinic Center for Continuing Education is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Credit Designation

- **American Medical Association (AMA)**

Cleveland Clinic Center for Continuing Education designates this live activity for a maximum of 13.0 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Participants claiming CME credit from this activity may submit the credit hours to the American Osteopathic Association for Category 2 credit.

Programme

Day one | Monday, 30 Jan 2023

08:45 Opening remarks

Activity Director: Dr Arun Kumar, Cleveland Clinic Abu Dhabi, Abu Dhabi, UAE

Conference Chair: Dr David Sinclair, Air Rescue Group, Dubai, UAE

Session 1: Anaesthesia outside the operating room

Moderator: Dr David Sinclair, Air Rescue Group, Dubai, UAE

09:00 General anaesthesia and sedation in the EMS and air ambulance setting

Dr Jörn Adler, Luxembourg Air Rescue, Luxembourg

09:30 Regional anaesthesia in the EMS and air ambulance setting

Dr David Sinclair, Air Rescue Group, Dubai, UAE

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10:00 Anaesthesia and sedation for endoscopy, radiology& cathlab
Dr David Baron, Medical University of Vienna, Vienna, Austria

10:30 Sedation in the hands of the non-anaesthetists
Dr Uday Ambi, King's College Hospital London, Dubai, UAE

11:00 Q&A

11:15 Coffee break and networking

Session 2: Radio Gaga

Moderator: Dr Arun Kumar, Cleveland Clinic Abu Dhabi, Abu Dhabi, UAE

11:45 Telemedicine for anaesthesia - Where are we today? Advances, limitations and practical experience
Dr med Andrea Vincenzo Braga, Bragamed, Baar, Switzerland

12:15 Validation of telemedicine pre-anaesthesia consultation in low-risk anesthetic patients undergoing ambulatory surgery
Dr David Baron, Medical University of Vienna, Vienna, Austria

12:45 How telemedicine can benefit in the pre, intra and post operative phases of anaesthesia
Dr Mohamed Rehman, Johns Hopkins All Children's Hospital; Johns Hopkins University School of Medicine, St Petersburg, Florida, USA

13:15 Q&A

13:30 Lunch break | Meet the Speakers | Exhibition Visit

Session 3: The Circle of Life

Moderator: Dr Tarek El Ansari, Corniche Hospital, Abu Dhabi, UAE

14:45 Updates in geriatric anaesthesia
Dr Tanuja Shah, Age Anaesthesia Association, Derby Teaching Hospitals NHS Foundation Trust, Derby, UK

15:10 Updates in obstetric anaesthesia
Dr Tarek El Ansari, Corniche Hospital, Abu Dhabi, UAE

15:35 Updates in paediatric anaesthesia
Dr Alexander Klingmann, Al Jalila Children's Hospital, Dubai, UAE

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- 16:00** Challenges for physicians assuming leadership roles
Dr George Jallo, Johns Hopkins All Children's Hospital, St Petersburg, Florida, USA
- 16:25** Practice guidelines for perioperative acute pain management in post-anaesthesia/surgery patients
Dr Xiang Qian, Stanford University, Redwood City, CA
- 16:50** Q&A
- 17:00** Closing Remarks
Dr David Sinclair, Air Rescue Group, Dubai, UAE

17:15 End of conference day one

Day two | Tuesday, 31 Jan 2023

08:45 Opening remarks

Activity Director: Dr Arun Kumar, Cleveland Clinic Abu Dhabi, Abu Dhabi, UAE
Conference Chair: Dr David Sinclair, Air Rescue Group, Dubai, UAE

Session 4: Head and neck pain

Moderator: Dr Mohamed El Toukhy, Kings College Hospital, Dubai, UAE

- 09:00** Migraine and its management
Dr Vittorio Iantorno, Kings College Hospital London, Dubai, UAE
- 09:30** Interventional management of facial pain and headache
Dr Amar Salti, Cleveland Clinic Abu Dhabi, Abu Dhabi, UAE; Lerner Medical College, Ohio, USA
- 10:00** Cervico-thoracic pain: The role of radiofrequency ablation
Dr Mohamed El Toukhy, Kings College Hospital London, Dubai, UAE
- 10:30** Q&A

10:45 Coffee break and networking

Session 5: Ultrasound and chronic pain

- 11:15** Fascial blocks in chronic pain management; new techniques
Dr Rafael Blanco, Zayed Military Hospital, Abu Dhabi, UAE

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11:45 The painful knee; the role of cryoablation
Dr Amar Salti, Cleveland Clinic Abu Dhabi, Abu Dhabi, UAE; Lerner Medical College, Ohio, USA

12:15 Interventional pain from fluoroscopy to Ultrasound: The challenges
Dr Athmaja Thottungal, East Kent Hospitals University, NHS Trust, Kent, UK

12:45 Q&A

13:00 Lunch break | Meet the Speakers | Exhibition Visit

Session 6: Updates in pain management

Moderator: Dr Mohamed El Toukhy, Kings College Hospital London, Dubai, UAE

14:15 Evidence-based review regarding the efficacy and safety of surgical paddle leads for spinal cord Stimulation
Prof Nicandro Figueiredo, King's College Hospital London, Dubai, UAE

14:45 Discogenic pain; the back-pain dilemma
Dr Robert Rapcan, EuroPain Clinics, Bratislava, Slovakia

15:15 Advances in neuromodulation - SCS vs DRG stimulation
Dr Reda Tolba, Cleveland Clinic Abu Dhabi, Abu Dhabi, UAE

15:45 The role of regenerative medicine in pain medicine - The evidence
Dr Sadiq Bhayani, Cleveland Clinic Abu Dhabi, Abu Dhabi, UAE; University Hospitals Leicester BHS Trust, England, UK

16:15 Q&A

16:30 Closing Remarks
Dr David Sinclair, Air Rescue Group, Dubai, UAE

16:45 End of conference

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Scientific Committee

Activity Director

- **Dr Arun Kumar**, Consultant Cardiothoracic Anaesthesiologist, Director, Transplant Anaesthesiology, Cleveland Clinic Abu Dhabi, Abu Dhabi, UAE

Conference Chair

- **Dr David Sinclair**, consultant anaesthetist and specialist in critical care and aviation medicine, Air Rescue Group, Dubai, UAE.

Committee members

- **Dr Mohamed El Toukhy**, Consultant Pain Medicine, Kings College Hospital London, Dubai, UAE
- **Dr Tarek El Ansari**, Deputy Chief Medical Officer & Chair of Anaesthesia Department, Corniche Hospital, Abu Dhabi, UAE
- **Dr Rafael Blanco**, Medical Consultant, Zayed Military Hospital, Abu Dhabi, UAE

Speaker Faculty

- **Dr Alexander Klingmann**, Consultant Paediatric Anaesthesiologist, Al Jalila Children's Hospital, Dubai, UAE
- **Dr med Andrea Vincenzo Braga**, CEO, Bragamed, Baar, Switzerland
- **Dr Amar Salti**, Consultant Anaesthesia & Interventional Pain Management, Cleveland Clinic Abu Dhabi, Abu Dhabi, UAE; Adjunct Clinical Professor, Lerner Medical College, Ohio, USA
- **Dr Athmaja Thottungal**, Consultant - Pain management and Anaesthetics, East Kent Hospitals University, NHS Trust, Kent, UK
- **Dr David Baron**, Associate Prof, Medical University of Vienna, Vienna, Austria
- **Dr George Jallo**, Physician in Chief, Vice-Dean, David Goldenberg Family Endowed Chair, Institute for Brain Protection Sciences, Johns Hopkins All Children's Hospital, USA
- **Dr Jörn Adler**, Medical Supervisor, Anaesthetist – Intensivist, Emergency Response Physician, Luxembourg Air Rescue, Luxembourg, Luxembourg
- **Dr Mohamed Rehman**, Chair, Department of Anaesthesia and Pain Medicine, Johns Hopkins All Children's Hospital; Prof, Anaesthesiology and Critical Care, Johns Hopkins University School of Medicine, St Petersburg, Florida, USA
- **Prof Nicandro Figueiredo**, Consultant Neurosurgeon, Head of Spinal Services, King's College Hospital London, Dubai, UAE
- **Dr Robert Rapcan**, Medical Director, EuroPain Clinics, Bratislava, Slovakia
- **Dr Reda Tolba**, Department Chair, Pain Management, Anesthesiology Institute, Cleveland Clinic Abu Dhabi, Abu Dhabi, UAE
- **Dr Sadiq Bhayani**, Consultant, Pain Medicine and Anaesthesia, Cleveland Clinic Abu Dhabi, Abu Dhabi, UAE; Lead Clinician Department of Pain Medicine, University Hospitals Leicester BHS Trust, England, UK
- **Dr Tanuja Shah**, President, Age Anaesthesia Association, Leeds, UK

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- **Dr Uday Ambi**, Specialist Anaesthesiology, **King's College Hospital London, Dubai, UAE**
- **Dr Vittorio Iantorno**, Director of the Neuroscience Institute, Consultant and Lead Neurology, **King's College Hospital London, Dubai, UAE**
- **Dr Xiang Qian**, Stanford Medicine Endowed Director, Clinical Professor of Pain Medicine, Anaesthesiology, **Stanford University, Redwood City, CA**

A Focus on Sustainability - learn more about our sustainability efforts across the event

At Arab Health we will be 'Connecting the Disconnected' – after the event, all conference presentations will be shared publicly for all delegates around the world to access, for free!

What's more, all delegates are invited to meet the top medical residents in the UAE at the Future Doctor's Programme, with the chance to view their scientific posters on various medical specialties.

And with a series of dedicated keynotes about improving mental health and skills for the workplace, you'll gain much needed information on how to better your professional career.

Book your CME accredited conference track today

The live conference seats are limited and allocated according to safety requirements. Reserve your seats early.

Reserve your seats early before prices onsite increase.

Live in-person conferences	Date	Early bird rate	Regular rate
All Access Pass	30 Jan - 2 Feb	AED 4,500	AED 4,800
23 rd Total Radiology	30 Jan - 2 Feb	AED 1,500	AED 1,800
22 nd Surgery	30 Jan - 2 Feb	AED 3,000	AED 3,300
15 th Obs & Gyn	30-31 Jan	AED 2,500	AED 2,800
19 th Orthopaedics	1-2 Feb	AED 2,500	AED 2,800
14 th Quality Management	1-2 Feb	AED 2,500	AED 2,800
Internal Medicine	30-31 Jan	AED 2,200	AED 2,500
Emergency Medicine	30-31 Jan	AED 2,200	AED 2,500
Anaesthesia & Pain Management	30-31 Jan	AED 2,200	AED 2,500
Public Health	1-2 Feb	AED 2,200	AED 2,500

* Price excl. VAT

- Early bird price expires on 09 December at 23:59 pm UAE time
- Above prices are excluding VAT. 5 % VAT will apply as per UAE Law

Quick ways to book your seat today

Register your interest



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