

# 16th Obs & Gyn Conference

**Live, in-person:**

29-30 Jan 2024 | Dubai World Trade Centre

14.5 CME points

CME provided by

 **Cleveland Clinic**



## 16th Obs & Gyn Conference

29 - 30 Jan 2024 | Dubai World Trade Centre

### Theme:

From evidence to practice: Transforming obstetrics and gynecology care through clinical case integration

### Overview:

Elevate your understanding of women's health at the 16th Obstetrics & Gynecology Conference, happening from January 29th to 30th, 2024. This highly anticipated two-day event serves as a dynamic gateway to cutting-edge insights across diverse subjects.

Engage in interactive discussions on HPV vaccines, their role in preventing STDs and gynecological cancers, and explore the ethical dimensions involved. Immerse yourself in evidence-based approaches to Hormone Replacement Therapy and delve into adolescent gynecological issues, recurring pregnancy loss, and innovative treatments. Participate in compelling debates, including niche repair post-caesarean scar pregnancies and the risks and rewards of VBAC, with ample opportunities for audience involvement.

Explore the synergy between heart disease and obstetrics, along with indications for cervical cerclage. Embrace the world of breastfeeding, contraception practices, and health in women across age groups, while actively contributing to the dialogue.

Join us in this transformative event, where interactive sessions foster connections, empower learning, and collectively shape the future of Obstetrics and Gynecology.

### What's new:

- Importance of HPV vaccinations
- Focus on clinical practice-based topics
- Case study presentations

### Key topics:

- The importance of an effective HPV vaccination programme for gynaecological cancer prevention in the MENA region
- Investigation and management of congenital uterine abnormalities
- Plenary session: Evidence based investigations and management for recurrent pregnancy loss: What does the literature say and how do we put it into practice?

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### Benefits of attending:

- Review the intricacies of HPV dynamics by focusing on effective HPV vaccination programs and their pivotal role in cancer prevention.
- Examine the benefits and risks of modern Hormone Replacement Therapy (HRT).
- Diagnose complex pathologies by navigating the challenges of complex ovarian pathology and Recurrent Pregnancy Loss (RPL)
- Evaluate contraceptive choices and enhance compliance strategies across reproductive ages.

### Who will be attending:

- Gynecologists
- Obstetricians
- Obs-Gyn Specialists/Consultants
- Women's Health Physicians
- Midwives
- Nurses
- Family Physicians
- Women's Health Physicians

### CME provided by:



### Faculty Disclosure:

The Cleveland Clinic Center for Continuing Education has implemented a policy to comply with the current Accreditation Council for Continuing Medical Education Standards for Integrity and Independence requiring mitigation of all faculty conflicts of interest. Faculty declaring a relevant financial relationship will be identified in the activity syllabus.

### Accreditation:

In support of improving patient care, Cleveland Clinic Center for Continuing Education is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

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### Credit Designation

- American Medical Association (AMA)

Cleveland Clinic Center for Continuing Education designates this live activity for a maximum of 14.5 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Participants claiming CME credit from this activity may submit the credit hours to the American Osteopathic Association for Category 2 credit.

## Programme

### Day one - Gynecology | Monday, 29 January 2024

08:45 Opening remarks

Dr Jeremy Hawe, Corniche Hospital, Abu Dhabi, UAE

Dr Sarah Francis, American Hospital, Dubai, UAE

### Session 1:

Moderator: Dr Tristi Muir, Women's Health Institute, Cleveland Clinic, Cleveland, Ohio, USA

09:00 Investigation and management of complex ovarian pathology

Dr Muhieddine Seoud, Sheikh Shakhbout Medical City (SSMC), Abu Dhabi, UAE

09:30 The importance of an effective HPV vaccination programme for gynaecological cancer prevention in the MENA region

Dr Stephanie Ricci, Cleveland Clinic Abu Dhabi, Abu Dhabi, UAE

10:00 Can the choice of HRT types increase the benefits and decrease the risks for women taking HRT in 2024?

Dr Victoria Corkhill, Manchester University NHS Foundation Trust, Manchester, United Kingdom

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10:30 Contraceptive choices across the reproductive ages and how to manage common problems to ensure compliance

Dr Khulood AlAwadi, Corniche Hospital, Abu Dhabi, UAE

11:00 Interactive Q&A

- Dr Muhieddine Seoud, Sheikh Shakhbout Medical City (SSMC), Abu Dhabi, UAE
- Dr Stephanie Ricci, Cleveland Clinic Abu Dhabi, Abu Dhabi, UAE
- Dr Khulood AlAwadi, Corniche Hospital, Abu Dhabi, UAE
- Dr Victoria Corkhill, Manchester University NHS Foundation Trust, Manchester, United Kingdom

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11:15 Coffee Break

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### Session 2:

Moderator: Dr Muhieddine Seoud, Sheikh Shakhbout Medical City (SSMC), Abu Dhabi, UAE

11:45 Investigation and management of congenital uterine abnormalities

Dr Gail Busby, St Mary's Hospital, Manchester, UK

12:15 Current management of urge incontinence – putting the evidence into practice

Dr Tristi Muir, Women's Health Institute, Cleveland Clinic, Cleveland, Ohio, USA

12:45 What tests are available to investigate women with suspected endometriosis and how useful are they?

Dr Charles Nagy, Medcare Women and Childrens Hospital, Dubai UAE

13:15 Interactive Q&A

- Dr Gail Busby, St Mary's Hospital, Manchester, UK
- Dr Tristi Muir, Women's Health Institute, Cleveland Clinic, Cleveland, Ohio, USA
- Dr Charles Nagy, Medcare Women and Childrens Hospital, Dubai UAE

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13:30 Lunch Break | Visit Exhibition

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### Session 3:

Moderator: Dr Thin Thin Hla, Tawam Hospital, Abu Dhabi, UAE

14:30 Plenary session: Evidence based investigations and management for Recurrent Pregnancy Loss (RPL): What does the literature say and how do we put it into practice?  
Dr Lamiya Mohiyiddeen, Manchester University NHS Foundation Trust, Manchester, United Kingdom

15:00 Ashermann syndrome - what's the current evidence  
Dr Lamiya Mohiyiddeen, Manchester University NHS Foundation Trust, Manchester, United Kingdom

15:30 Interactive Q&A  
Dr Lamiya Mohiyiddeen, Manchester University NHS Foundation Trust, Manchester, United Kingdom

### Session 4:

Moderator: Dr Jeremy Hawe, Corniche Hospital, Abu Dhabi, UAE and Dr Sarah Francis, American Hospital, Dubai, UAE

15:45 Debate session: Following CS scar ectopic pregnancy, should women be advised to undergo CS scar niche repair to improve subsequent pregnancy outcomes?  
Pre-debate vote

15:55 For: Dr George Botros, Corniche Hospital, Abu Dhabi, UAE

16:10 Against: Dr Zahid Raza Khan, Danat al Emarat Hospital, Abu Dhabi, UAE

16:25 Post-debate vote

16:30 Stump the experts!

- Case 1: Presentation 1: Chimeric Twins  
Dr Hessa Alsuwaidi, Corniche Hospital, Abu Dhabi, UAE
- Case 2: Ruptured Uterus during mid-trimester management of Intrauterine fetal death  
Dr Noor Al Mosuli, Corniche Hospital, Abu Dhabi, UAE

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### Judges:

- Dr Gail Busby, St Mary's Hospital, Manchester, UK
- Dr George Michailidis, Genesis Healthcare Centre, Dubai, UAE
- Prof Abdallah Adra, University of Beirut, Beirut, Lebanon
- Dr George Botros, Corniche Hospital, Abu Dhabi, UAE

17:00 Interactive Q&A with stump the expert's panel

17:15 Closing Remarks and end of conference

Dr Jeremy Hawe, Corniche Hospital, Abu Dhabi, UAE

Dr Sarah Francis, American Hospital, Dubai, UAE

17:30 End of Day One

### Day two | Tuesday, 30 January 2024

08:30 Opening remarks

Dr Jeremy Hawe, Corniche Hospital, Abu Dhabi, UAE

Dr Sarah Francis, American Hospital, Dubai, UAE

### Session 5:

Moderator: Dr Stella Mwencheyna, Corniche Hospital, Abu Dhabi, UAE

08:45 Patient Blood Management (PBM) programme in Obstetrics; What is the clinical value?

Dr Tarek Ansari, Corniche Hospital, Abu Dhabi, UAE

09:15 Update on WHO breastfeeding guidelines and benefits of colostrum harvesting

Wendy Menghin, American Hospital, Dubai, UAE

09:45 Management options for breast cancer during pregnancy: Balancing fetal and maternal outcomes

Dr Rita Sakr, Kings College Hospital, Dubai, UAE

10:15 Diabetes in pregnancy: Health risks and challenges in the management of the obese and morbidly obese woman

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Dr Aparna Gumma, Kings College Hospital, Dubai, UAE

### 10:45 Interactive Q&A

- Dr Tarek Ansari, Corniche Hospital, Abu Dhabi, UAE
- Wendy Menghin, American Hospital, Dubai, UAE
- Dr Rita Sakr, Kings College Hospital, Dubai, UAE
- Dr Aparna Gumma, Kings College Hospital, Dubai, UAE

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### 11:00 Coffee Break

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### Session 6:

Moderator: Dr Sarah Francis, American Hospital, Dubai, UAE

### 11:30 Multidisciplinary and team management approach for placenta accreta

Dr Saleema Wani, Corniche Hospital, Abu Dhabi, UAE

### 12:00 Management of common heart diseases in obstetrics

Dr Shameem Mir, Prime Hospital, Dubai, UAE

### 12:30 Current in utero fetal therapeutic management options

Dr Werner Gerhard Diehl, Corniche Hospital, Abu Dhabi, UAE

### 13:00 Interactive Q&A

- Dr Saleema Wani, Corniche Hospital, Abu Dhabi, UAE
- Dr Shameem Mir, Prime Hospital, Dubai, UAE
- Dr Werner Gerhard Diehl, Corniche Hospital, Abu Dhabi, UAE

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### 13:30 Lunch Break | Visit Exhibition

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### Session 7:

Moderator: Prof Abdallah Adra, University of Beirut, Beirut, Lebanon

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14:30 Plenary session: The use of clinical screening tools and biomarkers in the detection of Pre-eclampsia and the impact on maternal and neonatal morbidity

Professor Laura Magee, King's Global Health Institute, London, United Kingdom

15:00 Indications and current guidelines for cervical cerclage

Dr Aisha Al Zouebi, Dr Helena Taylor Clinic, Dubai, UAE

15:30 The small baby, comprehensive care planning – from prediction to delivery

Dr George Michailidis, Genesis Healthcare Centre, Dubai, UAE

16:00 Interactive Q&A

- Professor Laura Magee, NHS and Cleveland Clinic Lerner College of Medicine, London, United Kingdom
- Dr Aisha Al Zouebi, Dr Helena Taylor Clinic, Dubai, UAE
- Dr George Michailidis, Genesis Healthcare Centre, Dubai, UAE

16:15 Debate Session: Does the risk of vaginal birth after caesarean section (VBAC) outweigh its benefits in modern obstetrics?

16:20 Pre-debate vote

16:25 For: Dr Dalia Sikafi, Mediclinic Hospital, Dubai, UAE

16:40 Against: Dr Henaan Jeelani, Saudi German Hospital, Dubai, UAE

16:55 Post-debate vote

17:00 Q&A with debate session speakers

- Dr Dalia Sikafi, Mediclinic Hospital, Dubai, UAE
- Dr Henaan Jeelani, Saudi German Hospital, Dubai, UAE

17:15 Closing Remarks and end of conference

Dr Jeremy Hawe, Corniche Hospital, Abu Dhabi, UAE

Dr Sarah Francis, American Hospital, Dubai, UAE

17:30 End of conference

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### Activity Director:

- **Dr Tristi Muir, MD**, Institute Chair, Obstetrics and Gynecology Institute, Cleveland Clinic, Cleveland, Ohio, USA

### Conference Co-Chair:

- **Dr Jeremy Hawe**, Consultant Gynaecologist & Chief of Gynaecology, Corniche Hospital, Abu Dhabi, UAE
- **Dr Sarah Francis**, Consultant Obstetrician, and Gynaecologist, American Hospital, Dubai Academic Institute Residency Program Director for OBGYN, Dubai, UAE

### Speakers:

- **Dr Aisha Al Zouebi**, Consultant Ob-Gyn, Dr Helena Taylor Clinic, Dubai, UAE
- **Dr Aparna Gumma**, Head of the Department - OBGYN, Kings College Hospital, Dubai, UAE
- **Prof Abdallah Adra**, Assistant Professor & Senior Consultant at the division of Maternal Fetal Medicine (MFM), Department of Obstetrics & Gynecology, Faculty of Medicine, University of Beirut, Beirut, Lebanon
- **Dr Charles Nagy**, Consultant Obstetrics and Gynaecology, Medcare Women and Childrens Hospital, Dubai UAE
- **Dr Dalia Sikafi**, Consultant Obstetrician, Mediclinic Hospital, Dubai, UAE
- **Dr George Michailidis**, Consultant Obstetrics & Gynaecology & Maternal & Fetal Medicine, Genesis Healthcare Centre, Dubai, UAE
- **Dr George Botros**, Consultant in Gynecology, Assisted Conception, Minimally Invasive Pelvic and Endometriosis Surgery, Corniche Hospital, Abu Dhabi, UAE
- **Dr Gail Busby**, Consultant Gynaecologist, St Mary's Hospital, Manchester, UK
- **Dr. Heenan Jeelani**, Gynaecologist and Obstetrician, Saudi German Hospital, Dubai, UAE
- **Dr Khulood AlAwadi**, Sexual and reproductive healthcare specialist, Corniche Hospital, Abu Dhabi, UAE
- **Dr Lamiya Mohiyiddeen**, Consultant Gynaecologist and Subspecialist in Reproductive Medicine and Surgery Qualifications, Manchester University NHS Foundation Trust, Manchester, United Kingdom

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- **Professor Laura Magee**, Professor of Women Health, Faculty of Life Sciences & Medicine, School of Life Course & Population Sciences, Department of Women & Children's Health, **King's Global Health Institute, London, United Kingdom**
- **Dr Muhieddine Seoud**, Consultant and Chair Dept Obstetrics and Gynecology, **Sheikh Shakhbout Medical City (SSMC), Abu Dhabi, UAE**
- **Dr Rita Sakr**, Consultant Breast Cancer Oncoplastic Surgeon & Obstetrician-Gynaecologist, **Kings College Hospital, Dubai, UAE**
- **Professor Stephanie Ricci**, Consultant Physician, Cleveland Clinic Abu Dhabi, Abu Dhabi, UAE
- **Dr Stella Mwencheyna**, Consultant Obstetrician Gynecologist and Chief of Obstetrics Department, **Corniche Hospital, Abu Dhabi, UAE**
- **Dr Shameem Mir**, Consultant Obstetrics & Gynecology, **Prime Hospital, Dubai, UAE**
- **Dr Saleema Wani**, Deputy Chief Medical Officer - ACH-Academic Affairs Department - ACH-ACH CMO, **Corniche Hospital, Abu Dhabi, UAE**
- **Dr Tarek Ansari**, Consultant Anaesthetist, Corniche Hospital, Abu Dhabi, UAE
- **Dr Thin Thin Hla**, Consultant and Chair of Department Obstetrics and Gynaecology, **Tawam Hospital, Abu Dhabi, UAE**
- **Dr Victoria Corkhill**, Consultant in Obstetrics and gynaecology, **Manchester University NHS Foundation Trust, Manchester, United Kingdom**
- **Wendy Menghin**, Lactation Consultant and Midwife Educator, **American Hospital, Dubai, UAE**
- **Dr Werner Gerhard Diehl**, Division Chief ACH – Department of Fetal Medicine & Imaging, **Corniche Hospital, Abu Dhabi, UAE**
- **Dr Zahid Raza Khan**, Consultant Gynaecologist and Advanced Laparoscopic Surgeon, **Danat Al Emarat Hospital for Women and Children, Abu Dhabi, UAE**

### A Focus on Sustainability - learn more about our sustainability efforts across the event

At Arab Health we will be "Connecting the Disconnected" - after the event the presentations will be shared with all delegates around the world to access for free!

And with a series of dedicated keynotes about improving mental health and skills for the workplace, you'll gain much-needed information on how to better your professional career.

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Total Radiology - 1 day	DWTC	AED 860	AED 1,100	AED 1,400
Surgery - 4 days	DWTC	AED 3,200	AED 3,400	AED 3,700
Surgery - 2 days	DWTC	AED 2,600	AED 2,900	AED 3,200
Obs and Gyn - 2 days	DWTC	AED 2,600	AED 2,900	AED 3,200
Orthopaedics - 2 days	DWTC	AED 2,600	AED 2,900	AED 3,200
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Diabetes - 2 days	DWTC	AED 2,200	AED 2,500	AED 2,800
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Public Health - 2 days	DWTC	AED 2,200	AED 2,500	AED 2,800
Infection Control - 2 days	Fairmont Dubai	AED 2,000	AED 2,300	AED 2,600
CSSD - 2 days	Fairmont Dubai	AED 2,000	AED 2,300	AED 2,600

- Early bird price expires on 11 December 2023 at 23:59 pm UAE time
- Onsite rates start on 27 January 2024 at 00:00 am onwards UAE time
- Above prices are excluding VAT
- 5% VAT will apply as per UAE Law

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