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# 20th Orthopaedics Conference

Live, in-person:

31 Jan – 1 Feb 2024 | Dubai World Trade Centre



CME provided by





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#### Theme:

Complications in Orthopaedic surgery, and how to manage?

#### Conference overview:

Navigating challenges in orthopaedic surgery can be a daunting task, but every problem presents an opportunity for a solution. Embrace this ethos at the Arab Health 2024 Orthopaedics Conference, where renowned local and international specialists will illuminate clinical scenarios across four pivotal areas: the spine, foot, and ankle on day one, followed by the knee and shoulder on day two. Engage in interactive sessions, share insights, and contribute your valuable expertise. Elevate your knowledge and join us on January 31 and February 1, 2024, at the Arab Health Orthopaedics Conference. Don't let this exceptional opportunity pass you by!

#### Session tracks:

- Spine
- Ankle and Foot
- Shoulder
- Knee

#### What's new for 2024?

- Conference is split by specialties
- Case-based topics
- Interactive sessions

#### **Benefits of Attending:**

- Identify the intricate details of orthopaedic surgical complications as you actively engage in case-based dialogues, fostering a practical and real-world understanding of these challenges.
- Define focus within the field of orthopaedic surgery by delving into specific challenges through the conference's unique structure. Sessions are divided by specialty, ensuring a targeted exploration of spine, foot, ankle, knee, and shoulder-related issues.
- Communicate and discuss with both local and international orthopaedic specialists. This gathering is a unique platform to exchange views, discuss challenging cases, and broaden one's professional network in the realm of orthopaedic complications and their management.

#### Who will be attending:

- Orthopaedic Surgeons
- Consultants/Specialists,
- Head of Orthopaedics
- Orthopaedists
- Sports Medicine Physicians

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• Physiotherapists & Orthopaedic Technicians & Nurses CME provided by:



#### Faculty Disclosure:

The Cleveland Clinic Center for Continuing Education has implemented a policy to comply with the current Accreditation Council for Continuing Medical Education Standards for Integrity and Independence requiring mitigation of all faculty conflicts of interest. Faculty declaring a relevant financial relationship will be identified in the activity syllabus.

#### Accreditation:

In support of improving patient care, Cleveland Clinic Center for Continuing Education is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team

#### **Credit Designation**

American Medical Association (AMA)

Cleveland Clinic Center for Continuing Education designates this live activity for a maximum of 14.25 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Participants claiming CME credit from this activity may submit the credit hours to the American Osteopathic Association for Category 2 credit.

### Programme

Day one | Wednesday, 31 January 2024

- 08:00 Welcome coffee
- 08:50 Opening remarks Dr Philippe Landreau, Orthocure & Mediclinic, Dubai, UAE

#### Session 1: Spine

Moderator: Dr Sameh Abolfotouh MD, ABMS, Medcare Orthopedics & Spine Hospital in Dubai, UAE

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- 09:00 Management of dural tear in endoscopic spinal surgery Dr Narendra Kumar Rath, The Walton Centre, Liverpool, UK
- 09:20 Endoscopic spine surgery; approach selection Dr Muzahem Taha, Erbil International Hospital, Erbil, Iraq

# 09:40 Dural injury & cerebrospinal fluid leak after spinal decompression: What's the occurrence rate & how to manage?

Dr Nader Hebala, Neurological Institute, Cleveland Clinic Abu Dhabi, Abu Dhabi, UAE

10:00 The role of technology in mitigating the risk of complications in spine surgery Dr Sameh Abolfotouh MD, ABMS, Medcare Orthopedics & Spine Hospital in Dubai, UAE

#### 10:20 Interactive Q&A Discussion

- Dr Narendra Kumar Rath, The Walton Centre, Liverpool, UK
- Dr Muzahem Taha, Erbil International Hospital, Erbil, Iraq
- **Dr Nader Hebala**, Neurological Institute, Cleveland Clinic Abu Dhabi, Abu Dhabi, UAE
- Dr Sameh Abolfotouh MD, ABMS, Medcare Orthopedics & Spine Hospital in Dubai, UAE
- 10:50 When things go south in spine surgery Dr Omar Alnori MD, Hamad Medical City (HMC), Doha, Qatar
- 11:10 MISS OLIF/DLIF for 'de novo' adult scoliosis treatment-potential complications Dr Zbiggy Brodzinsky, MD, Mediclinic Parkview Hospital, Dubai, UAE
- 11:30 Vascular injury in spine Dr Ghazwan Hasan, Royal Private Hospital, Baghdad, Iraq
- 11:50 Don't Hi5: Things will go wrong!Dr Nayef Dajim, King Fahad Specialist Hospital, Dammam, Saudi Arabia

#### 12:15 Interactive Q&A Discussion

- Dr Omar Alnori MD, Hamad Medical City (HMC), Doha, Qatar
- Dr Zbiggy Brodzinsky, MD, Mediclinic Parkview Hospital, Dubai, UAE

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- Dr Ghazwan Hasan, Royal Private Hospital, Baghdad, Iraq
- Dr Nayef Dajim, King Fahad Specialist Hospital, Dammam, Saudi Arabia

#### 12:30 Lunch break | Visit Exhibition

#### Session 2; Foot and Ankle

Moderator: Dr Ehab Kheir, Mediclinic Parkview Hospital, Dubai, UAE

- 13:30 Case studies: Wrong choice for hallux valgus correction and Malunited calcaneus fracture Dr Roger Haene, Burjeel Hospital, Dubai, UAE
- 14:00 Challenges in neuropathic ankle fracture!
  - Dr Atef Hakmi, Lister ENH Trust, London, UK

Failed pantalar fusion: innovative way for revision surgery

- **Dr Maan Taba,** Foot & Ankle Centre of Excellence Medcare Orthopedic Hospital, Dubai, UAE
- 14:30 Total ankle replacement complications Dr Anand Pillai, Manchester University NHS Foundation Trust, Manchester, London, United Kingdom

#### 15:00 Coffee break and Networking

- 15:30 Diabetic foot treatment Dr Harpal Jadeja, Medcare Orthopaedics and Spine Hospital, Dubai, UAE
- 16:00 Complications after ankle fixation surgery Dr Ehab Kheir, Mediclinic Parkview Hospital, Dubai, UAE
- 16:30 Compilations in Foot & Ankle Dr Haris Naseem, Healthpoint, a Mubadala Health Partner, Abu Dhabi, UAE
- 17:00 Closing Remarks Dr Philippe Landreau, Orthocure & Mediclinic, Dubai, UAE



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#### 17:15 End of Day One

Day two | Thursday, 1 February 2024

- 08:00 Welcome coffee
- 08:45 Opening remarks Dr Philippe Landreau, Orthocure & Mediclinic, Dubai, UAE

#### Session 3: SHOULDER

Moderator: Dr Philippe Landreau, Orthocure & Mediclinic, Dubai, UAE

#### 09:00 Dislocation after Reverse TSA Dr Emilio Calvo, Department of Orthopaedic, Surgery of the Fundacion Jimenez Diaz, Autonomous University of Madrid, Spain

09:30 Anterior shoulder instability: Challenges and complications Dr Mark Schickendantz, Cleveland Clinic, Cleveland, Ohio, USA

#### 10:00 Stiffness after cuff repair

**Dr Ali Al Suwaidi**, Emirates Orthopedic Society, Tarmeem Orthopaedic & Spine Surgery Centre Abu Dhabi, UAE

#### 10:30 Failed AC joint revision repair

**Dr Usama Hassan Saleh**, Orthopaedic Surgery Centre of Excellence – Hip and Knee, Medcare Orthopaedics and Spine Hospital, Dubai, UAE

# **11:30** Reverse arthroplasty, infected, complications followed by need for multiple surgery with revisions

Dr Bhuvan Machani, Orthocure & Mediclinic, Dubai, UAE

#### 12:00 Interactive discussion and Q&A with all speakers

- **Dr Emilio Calvo,** Department of Orthopaedic, Surgery of the Fundacion Jimenez Diaz, Autonomous University of Madrid, Spain
- Dr Mark Schickendantz, Cleveland Clinic, Cleveland, Ohio, USA

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- **Dr Ali Al Suwaidi**, Emirates Orthopedic Society, Tarmeem Orthopaedic & Spine Surgery Centre Abu Dhabi, UAE
- **Dr Usama Hassan Saleh**, Orthopaedic Surgery Centre of Excellence Hip and Knee, Medcare Orthopaedics and Spine Hospital, Dubai, UAE
- Dr Bhuvan Machani, Orthocure & Mediclinic, Dubai, UAE

#### 12:45 – 13:45 Lunch break | Visit Exhibition

#### Session 4: KNEE

Moderator: Dr Philippe Landreau, Orthocure & Mediclinic, Dubai, UAE

- 13:45 The story of the osteochondral lesionDr Murat Bozkurt, Ankara Acibaden Hospital, Sports and Joint Health Center, Ankara, Turkey
- 14:15CRPS after patella stabilizationDr Philippe Landreau, Orthocure & Mediclinic, Dubai, UAE
- 14:45 Septic arthritis of knee after ACL reconstruction Dr Mohammad Ashfaq Konchwalla, Medcare Orthopaedics and Spine Hospital, Dubai, UAE
- 15:15 ACL reconstruction and stiffness Dr Nader Darwich, Burjeel Hospital, Dubai, UAE
- 15:45Knee instability after TKADr Samih Tarabichi, Al Zahra Hospital, Dubai, UAE
- 16:15 UKA and PFJ complications with fracture
  Dr Ali Belooshi, Consultant Orthopaedic Surgeon, Mediclinic City Hospital, Assistant
  Professor in the Department of Surgery, UAE University, Dubai, UAE
- 16:45 Closing remarks Dr Philippe Landreau, Orthocure & Mediclinic, Dubai, UAE
- 17:00 End of Conference

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## **Scientific Committee**

#### Activity Director:

• Dr Mark Schickendantz, Associate Professor, Cleveland Clinic Lerner College of Medicine, Program Director and Clinical Instructor of Orthopaedic Surgery, Cleveland Clinic Sports Health, Cleveland Clinic, Cleveland, Ohio, USA

#### Conference Chair:

• Dr Philippe Landreau, Consultant Orthopedic Surgeon, Knee, Shoulder and Sports Surgery, Orthocure & Mediclinic, Dubai, UAE

#### Planning Committee:

- Dr Ehab Kheir, Consultant Trauma and Orthopedics Surgeon, Mediclinic Parkview Hospital, Dubai, UAE
- Dr Sameh Abolfotouh, Spine Surgery Consultant, Medcare Orthopedics & Spine Hospital, Dubai, UAE

#### Speaker Faculty:

- **Dr Ali Belooshi,** Consultant Orthopaedic Surgeon, Mediclinic City Hospital, Assistant Professor in the Department of Surgery, UAE University, Dubai, UAE
- Dr Ali Al Suwaidi, Course Co-Chairman President, Emirates Orthopedic Society Consultant Orthopedic surgeon Director, Shoulder & Upper Limb unit Tarmeem Orthopaedic & Spine Surgery Centre Abu Dhabi, UAE
- **Dr Anand Pillai,** Consultant Orthopaedic Foot & Ankle Surgeon, Manchester University NHS Foundation Trust, Manchester, London, United Kingdom
- Dr Atef Hakmi, Consultant Orthopaedic Surgeon, Lister ENH Trust, London, UK
- Dr Bhuvan Machani, Consultant Orthopedic Surgeon, Orthocure & Mediclinic, Dubai, UAE
- **Dr Emilio Calvo**, Director of the Shoulder and Elbow Reconstructive Surgery Unit and Professor of Orthopedics at the Department of Orthopaedic, Surgery of the Fundacion Jimenez Diaz, **Autonomous University of Madrid**, **Spain**
- Dr Ghazwan Hasan, Orthopedic Spine Surgeon, Royal Private Hospital, Baghdad, Iraq
- Dr Harpal Jadeja, Consultant Orthopaedic and Foot & Ankle Surgeon, Medcare Orthopaedics and Spine Hospital, Dubai, UAE

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- Dr Haris Naseem, Consultant Orthopaedic Surgeon, Healthpoint, a Mubadala Health Partner
- Dr Maan Taba, Foot & Ankle Centre of Excellence Medcare Orthopedic Hospital, Founder of the UAE Foot & Ankle Club, Dubai, UAE
- Dr Mohammad Ashfaq Konchwalla, Sports Surgeon, Medcare Orthopaedics and Spine Hospital, Dubai, UAE
- Dr Muzahem Taha, Orthopaedic Surgeon, Assistant Professor in Orthopedic Surgery, Erbil International Hospital, Erbil, Iraq
- **Dr Murat Bozkurt,** Orthopedics and Traumatology Specialist, Ankara Acibaden Hospital, Sports and Joint Health Center, **Ankara, Turkey**
- Dr Nayef Dajim, Chairman, Department of Spine Surgery, King Fahad Specialist Hospital, Dammam, Saudi Arabia
- Dr Nader Darwich, Consultant Orthopedic Surgeon Specialized in Sports Medicine, Burjeel Hospital, Dubai, UAE
- Dr Nader Hebala, Staff Physician Neurosurgery, Neurological Institute, Cleveland Clinic Abu Dhabi, Abu Dhabi, UAE
- **Dr Narendra Kumar Rath**, Consultant Spinal Surgeon, The Walton Centre, Liverpool, UK
- Dr Omar Al Nori, Consultant Orthopedic Spine Surgeon, Hamad Medical City (HMC), Doha, Qatar
- Dr Roger Haene, Consultant Orthopedic Surgeon, Burjeel Hospital, Dubai, UAE
- **Dr Samih Tarabichi,** Consultant Orthopedics Surgeon, Al Zahra Hospital, Dubai, UAE
- Dr Usama Hassan Saleh, Consultant Orthopaedic Surgery Centre of Excellence Hip and Knee, Medcare Orthopaedics and Spine Hospital, Dubai, UAE
- Dr Zbigniew Janusz Brodzinski, Consultant Ortho-Spine, Mediclinic Parkview Hospital, Dubai, UAE

#### A Focus on Sustainability - learn more about our sustainability efforts across the event

At Arab Health we will be "Connecting the Disconnected – after the event, presentations will be shared with all conference delegates around the world to access, for free!

And with a series of dedicated keynotes about improving mental health and skills for the workplace, you'll gain much needed information on how to better your professional career.

# Book your CME accredited conference track today

# Reserve your seats early before prices increase

Conferences	Location	Early bird rate	Regular rate	Onsite rate
All Access Pass	DWTC and Fairmont Dubai	AED 4,500	AED 4,800	AED 5,100
Total Radiology - 4 days	DWTC	AED 1,600	AED 1,900	AED 2,200
Total Radiology - 1 day	DWTC	AED 860	AED 1,100	AED 1,400
Surgery - 4 days	DWTC	AED 3,200	AED 3,400	AED 3,700
Surgery - 2 days	DWTC	AED 2,600	AED 2,900	AED 3,200
Obs and Gyn - 2 days	DWTC	AED 2,600	AED 2,900	AED 3,200
Orthopaedics - 2 days	DWTC	AED 2,600	AED 2,900	AED 3,200
Quality Management - 2 days	DWTC	AED 2,600	AED 2,900	AED 3,200
Diabetes - 2 days	DWTC	AED 2,200	AED 2,500	AED 2,800
Emergency Medicine - 2 days	DWTC	AED 2,200	AED 2,500	AED 2,800
Public Health - 2 days	DWTC	AED 2,200	AED 2,500	AED 2,800
Infection Control - 2 days	Fairmont Dubai	AED 2,000	AED 2,300	AED 2,600
CSSD - 2 days	Fairmont Dubai	AED 2,000	AED 2,300	AED 2,600

• Early bird price expires on 11 December 2023 at 23:59 pm UAE time

Onsite rates start on 27 January 2024 at 00:00 am onwards UAE time

Above prices are excluding VAT

• 5% VAT will apply as per UAE Law

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